



## Ranking Alabama's Young, other college quarterbacks

SPORTS, 1B

# The Baxter Bulletin

SATURDAY, NOVEMBER 6, 2021 | BAXTERBULLETIN.COM | MOUNTAIN HOME, ARKANSAS

A PHILLIPS MEDIA PUBLICATION



## Mountain Home woman bakes the competition at state fair's cookie and cake contest

Emily Lancaster of Mountain Home shows off the numerous ribbons she has won for her baking from the Baxter County Fair, the Northwest Arkansas District Fair and the Arkansas State Fair and Livestock Show.

PHOTOS BY HELEN MANSFIELD/THE BAXTER BULLETIN

## Family, friends honor Powell

Trailblazer remembered as model for generations

Robert Burns and Matthew Lee  
ASSOCIATED PRESS

WASHINGTON – Colin L. Powell, the trailblazing soldier-diplomat who rose from humble beginnings to become the first Black secretary of state, was remembered by family and friends Friday as a principled man of humility and grace whose decorated record of leadership can serve as a model for generations to come.

“The example of Colin Powell does not call on us to emulate his resume, which is too formidable for mere mortals,” his son, Michael, said in a touching tribute at his father’s funeral service at Washington National Cathedral. “It is to emulate his character and his example as a human being. We can strive to do that.”

The funeral on a sunny and chilly day drew dignitaries and friends from across the political and military spectrum. They included President Joe Biden and former presidents George W. Bush and Barack Obama, former secretaries of state James Baker, Condoleezza Rice and Hillary Clinton, former Defense Secretary Robert Gates, and the current chairman of the Joint Chiefs, Army Gen. Mark Milley.

Two recent presidents did not attend: Bill Clinton, who is recovering from a severe infection, and Donald Trump, whom Powell had criticized.

Powell died Oct. 18 of complications from COVID-19 at age 84. He had been vaccinated against the coronavirus, but his family said his immune system had been compromised by multiple myeloma, a blood cancer for which he had been undergoing treatment.

Funeral attendees Friday were required to wear masks. Not all did.

As guests gathered in the cavernous cathedral that has hosted the funerals of several past presidents, including Dwight D. Eisenhower, the U.S. Army Brass Quintet played a range of tunes, including “Dancing Queen” by Abba, a favorite of Powell’s.

Richard Armitage, who served as the State Department’s No. 2-ranking official while Powell was secretary of state during the Bush administration, recalled the day Sweden’s foreign minister, Ann Linde, came to call and – knowing of Powell’s affection for Abba – presented him with a full CD set of group’s music.

“Colin immediately went down on one knee and sang the entire ‘Mamma Mia’ to a very amused foreign minister of Sweden and to a gob-smacked U.S. delegation. They’d never seen anything like it,” said Armitage, who described a 40-year friendship with Powell that began while both served in the Pentagon.

Madeleine Albright, who was Powell’s immediate predecessor as secretary of state, called him “a figure who almost transcended time,” and “one of the gentlest and most decent people any of us will ever meet.”

“He relished the opportunity to connect with other generations,” she said.

“This morning my heart aches,” she added, “because we’ve lost a friend

See POWELL, Page 9A

# BEST IN SHOW

Helen Mansfield The Baxter Bulletin

While Baltimore has Duff Goldman and Hoboken has Buddy Valastro, Mountain Home now has its own baker extraordinaire. • Emily Lancaster, formerly of Yellville, had a very successful run last month at the Arkansas State Fair and Livestock Show in Little Rock, all but destroying her fellow bakers in the open bake competition. • She submitted 10 entries and received 10 ribbons, with two being for “best of show.” She took home five first place ribbons, two second place and three third place in the cookies, pies, cake and bread divisions.

Born and raised in Yellville, Lancaster and her husband Brett took over the home of her paternal grandmother, Wilodean Brightwell, when she went into the nursing home some years ago.

Inside an old dresser, she found a drawer full of the ribbons Brightwell had won for her baking.

Lancaster said her granny taught her to bake, knit and crochet when she was young and took up baking again as “a way to remember her because she couldn’t remember me,” she said.

Emily and Brett moved to Mountain Home last year with their five little taste testers, Emily, Destiny, Michael, Katie and Layton.

Lancaster started in 2016 on a quest to make the perfect chocolate chip cookie, just like the “Friends” character Monica did on her favorite episode of the television show.

She is a phlebotomist at Baxter Regional Family Clinic on Market and uses

See COOKIE CONTEST, Page 3A

### 10 for 10

Emily Lancaster of Mountain Home submitted 10 baked goods into competition at the Arkansas State Fair, and returned home with 10 ribbons.

In the cookie division she received:

- Oatmeal raisin, first place and “Best in Show”
- Chocolate chip, first place
- Sugar cookies, third place
- Carmel bars, third place

In the pie division she received:

- Cream, second place

In the cakes division she received:

- Carrot, first place;
- Pound, first place
- Devil’s food, second place
- Cheesecake, third place

In the bread division she received:

- Cinnamon rolls, first place and “Best in Show”



A sheet of Lancaster’s chocolate chip cookies cools off after baking. Her cookies recently won a blue ribbon at the state fair.

### Fall back

Daylight saving time ends at 2 a.m. Sunday. Set your clocks back one hour.



### Lake levels

- NORFORK: 553.47
- BULL SHOALS: 654.57

### Weather

High 62° || Low 35° Frost, sun during day. Clear at night.

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**LOCAL BRIEFS**

**Gassville P&Z to meet Monday**

GASSVILLE — A Planning and Zoning Commission meeting is set for 6 p.m. Monday at the Community Center, 204 S. School St. The agenda will include discussion of an ordinance for Tree City and Ben Strider of Strider Consulting on a proposed subdivision. The meeting is open to the public.

**Food pantry for veterans now open**

A food pantry for veterans and military families, The Pantry at the

Post now is open 9-11 a.m. every Saturday inside Alley-White American Legion Post 52 Legion Hut, 717 Market St. Other arrangements may be made if the schedule is not convenient. Proof of military service is required to receive service. For information, call Suzan at (870) 321-0520.

**Veterans Day event announced**

The annual Veterans Day Commemoration by North Central Arkansas Veterans is set for 11 a.m. Nov. 11 at Veterans Plaza 2000. The host organiza-

tion is Twin Lakes Base USSVI (United States Submarine Veterans Inc.) with Curtis Grant as master of ceremonies. Featured speaker will be Joanna Baxter of the Bob Davis Veterans Center. Music will be by a Mountain Home High School Band ensemble with Raquel Houk singing the National Anthem. Colors will be by participating veterans' organizations and honors by Alley-White American Legion Post 52 Honor Guard. Sound and broadcast of the festivities will be by KTLO Radio. Cupcakes and coffee will follow the

ceremony at Veterans of Foreign Wars Post 3246. In the event of inclement weather,

**Hugs and Quiches to benefit TL Literacy Council**

Tickets for Hugs and Quiches, a Twin Lakes Literacy Council fundraiser, now are on sale through eventbrite.com A \$75 ticket includes a dinner basket with a fully prepared quiche, baklava for two, selected teas, a coupon from Judicious Spirits for 30 percent off paired wines, a Zoom link to the interactive, live

event and recipes for two featured dishes. Wednesday is the last day to purchase tickets. Proceeds will help those in the community who are learning to reach goals and improve their lives. For information, (870) 425-7323.

**Paul Bunyan breakfast scheduled**

An all-you-care-to-eat Knights of Columbus Paul Bunyan breakfast is set for 7:30-10:30 a.m. Nov. 13 at St. Peter the Fisherman Catholic Church Parish Life Center, 249 Dyer St. Cost is \$7.50 for adults and \$4 for those younger than age 12.

stead of in-person and provide healthier options to food pantry clients and their families.

Food options range from canned meats, peanut butter, eggs and milk to fresh produce and fruit. Chosen items chosen can be paid for with credit or debit card. Donations are held until the drive is over, then a local grocer will process the order and deliver it to the Food Basket. The Food Basket's dedicated shopping site can be found at

For information or questions, email mhfbasket@gmail.com or call (870) 321-0520.

**Coping with the Holidays event set**

The annual Coping with the Holidays drive-thru event by Hospice of the Ozarks is set for 11 a.m.-1 p.m. Nov. 18 at First United Methodist Church parking lot, 605 W. Sixth Street. The event will include hand-outs, refreshments and ways to honor a departed loved one. Those wishing to attend should RSVP by Nov. 15 to Charlotte at (870) 508-1771 or email crepp@baxterregional.org.

**Annual veterans luncheon set**

The 17th annual Veterans Appreciation Luncheon is set for 1 a.m.-2 p.m. Nov. 13 at Mountain Home Elks Lodge at the corner of U.S. Highway 62 E. and Club Boulevard. The event is free to veterans from any era or currently serving, as well as spouses and includes chili, brats, sides, dessert, soft drinks, bottled water and coffee. Family and friends who wish to attend can pay \$5 per person for the meal. Beer tickets will be available for purchase at the door. The event is a joint project of Elks Lodge 1714, Alley-White American Legion Post 52 and auxiliary and VFW Post 3246 and auxiliary.

**Pet shelter announces fundraiser**

SUMMIT — The fifth annual Soup and Chili fundraiser for Have a Heart Pet Shelter is set for 5-8 p.m. Nov. 20 at Madden Auction House in Summit. The event includes all-you-can-eat soups and chili with crackers or cornbread, beverage and dessert for a \$7 donation. Live music will be by Rio. Also scheduled is an auction of homemade pies and cakes and a silent auction of a variety of items. All proceeds will be used to care for shelter animals. Tickets are available in advance and at the door. For information, call (870) 449-7387.

*Editor's note: Addresses are Mountain Home unless otherwise noted.*

*Email your community news to newsroom@phillipsmedia.com*

**Obituaries**

**TODAY'S OBITUARIES AND DEATH NOTICES**

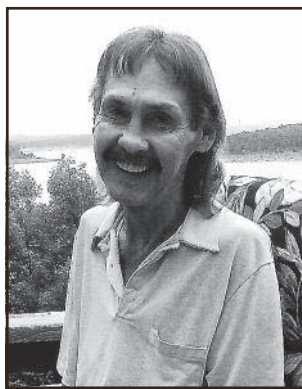
Name	Age	Town, State	Death Date	Arrangements
*Dunn, Harry Norris	83	Mountain Home	02-Nov	Kirby & Family Funeral and Cremation Services - Mountain Home
*Hall, Jerry	68	Mountain Home	03-Nov	Conner Family Funeral Home & Cremation Center
*Hansen, Marcella	90	Mountain Home	14-Oct	Kirby & Family Funeral and Cremation Services
Likar, Donald R.	84	Mountain Home	04-Nov	Kirby & Family Funeral and Cremation Services - Mountain Home
*Sarle, Jr., Robert John	75	Mountain Home	28-Oct	Kirby & Family Funeral & Cremation Services
Zeimet, Nancy	78	Mountain Home	05-Nov	Roller Funeral Home

**\* Additional information in display obituaries**

Obituaries appear in print and online at [www.BaxterBulletin.com/Obituaries](http://www.BaxterBulletin.com/Obituaries)

**Jerry Hall**

**MOUNTAIN HOME** - Jerry Lynn Hall, 68, of Bull Shoals passed away Wednesday, November 3, 2021, in Yellville. He was born March 31, 1953, in Mountain Home to the late Bill and Montene (Parnell) Hall. Jerry love gardening. He is preceded in passing by his parents; his wife of 35 years, Sharon Hall; one brother, Billy Hall and a sister, Ann Inskeep.



Jerry is survived by a daughter, Jennifer (Randy) Hawkins of Mountain Home; three brothers, Larry (Janice) Hall of Mountain Home, Eddie (Sheila) Hall of Yellville and Steve (Marylin) Hall of Sidney; two sisters, Ruby (Ronnie) White and Donna (Donald) White all of Mountain Home; one grandson, Dustin Hawkins of Ellsworth Air Force Base in South Dakota and many more nieces, nephews, family and friends.

Services are private under the direction of Conner Family Funeral Home & Cremation Center. The online guestbook and obituary are available at [www.connerfamilyfuneralhome.com](http://www.connerfamilyfuneralhome.com).



**Marcella Hansen**

**MOUNTAIN HOME** - Marcella Hansen passed away October 14, 2021, in Simi Valley, California, at the age of 90. She was born July 15, 1931, in Pomeroy, Iowa, the daughter of Hehe and Sena Aden Seehusen. Marcella lived in Mountain Home, Arkansas for 25 years after moving from Idaho. Due to her health, she moved to California in 2018 to live with family. She was a strong independent woman who was an avid reader, enjoyed watching her soap operas, and spoiling the family dog.



She was preceded in death by her husband, Berk (Dan) Hansen, and son Roy Steburg.

Marcella is survived by children, grandchildren, great grandchildren, her brother, Wayne Seehusen, and nieces and nephews.

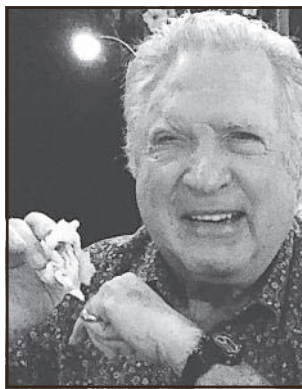
Burial will be in the Kirby's Tucker Memorial Cemetery, Mountain Home, Arkansas.

Arrangements are by Kirby and Family Funeral and Cremation Services - Mountain Home, Arkansas.



**Harry Norris Dunn**

**MOUNTAIN HOME** - Harry Norris Dunn of Mountain Home, Arkansas, passed away November 2, 2021, in Mountain Home, Arkansas at the age of 83. He was born June 8, 1938, in Tuckerman, Arkansas, the son of Harry and Ruth Sharp Dunn. Harry lived in Mountain Home since moving from Cape Coral, Florida in 1977, and worked in real estate. He married Judy on January 26, 2005, in Mount Vernon, Texas. He enjoyed playing poker and black jack. He was a private pilot and motorcyclist. Harry enjoyed talking with people, visiting with family and friends, studying history, reading, traveling Arkansas, and eating at interesting restaurants.



Harry is survived by his wife, Judy Neilly Dunn of Mountain Home, AR; daughter, Rhonda Bennett of Nixa, MO; daughter, Rita Stone of Hot Springs, AR; son, Mark (Sara) Dunn of Benton, AR; daughter, Lisa (Kennith) Chism of Gassville, AR; son, John Dunn of Naples, FL; 14 grandchildren; 35 great-grandchildren; and three great-great-grandchildren.

He was preceded in death by his parents; brother, Donald Dunn; and sister, Sharon Stewart.

A Graveside Service will be 2:00 pm, Sunday, November 7, 2021, at Kirby's Tucker Memorial Cemetery, with Mr. Bill Mackey officiating.

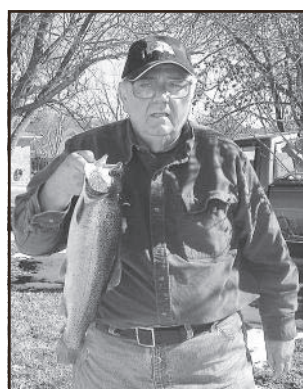
Memorials may be made to American Heart Association or Hospice of the Ozarks.

Arrangements are by Kirby and Family Funeral and Cremation Services - Mountain Home, Arkansas. Visit an online obituary and guestbook at [www.kirbyandfamily.com](http://www.kirbyandfamily.com).



**Robert John Sarle, Jr.**

**MOUNTAIN HOME** - Robert John Sarle, Jr. of Mountain Home, Arkansas, passed away October 28, 2021, in Mountain Home, Arkansas at the age of 75. He was born July 14, 1946, in Philadelphia, Pennsylvania, the son of Robert and Louise Myers Sarle. Bob was a U.S. Army veteran. He married Joanna Ashmore on November 7, 1970, in Philadelphia, Pennsylvania, and was a Police Officer for the Philadelphia Police Department. After retiring from the Philadelphia Police Department, he moved to Antioch, Illinois, where he went to work for the Prairie Grove, Illinois, Police Department. Bob lived in Mountain Home since moving from Pocono Mountains, in 2005. He was a member of the Fraternal Order of Police and he enjoyed fishing and hunting.



Bob is survived by his wife, Joanna Sarle of Mountain Home, AR; son, Rob (Marisa) Sarle of Flower Mound, TX; two grandchildren, Emily and Blake Sarle; four sisters, Marilyn Clifford, Nancy (Mark) Stone, Jeanette Sarle, and Jacqueline Golden; and sister-in-law, Marie Sarle.

He was preceded in death by his parents and brother, William Sarle.

Arrangements are by Kirby and Family Funeral and Cremation Services - Mountain Home, Arkansas. Visit an online obituary and guestbook at [www.kirbyandfamily.com](http://www.kirbyandfamily.com).



**Assorted Stuff**  
all kinds of things...

**Announcements**

Widowed Male, 200lb, 5'8, 62 years old. Seeking possible companion/relationship. Please write to Tony, PO Box 612, Mountain View, MO 65548 or 417-252-7279

**Stor -N- Loc**

Notice of Public Sale to take place on Saturday, November 20 it rental fees are not paid in full by 9 a.m.

Panther 5 Stor -N- Loc, Salesville 1,2 Boat, 6.

Notice of Public Sale to take place on Saturday, November 20 it rental fees are not paid in full by 9 a.m.

Hwy. 5 Stor -N- Loc, 8, 9, 40, 33, 47, 56, 172, 170, 127, 141, 132, 98, 67, 36, 85, 5, 78, 60, C & 57.

BB-GC10766802-01



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# Centrists hold keys to passing Biden bills

Lisa Mascaro and Alan Fram  
ASSOCIATED PRESS

WASHINGTON – With nearly no votes to spare, Democratic leaders tried to resolve lingering concerns of moderate lawmakers Friday in hopes of finally pushing President Joe Biden’s multitrillion-dollar domestic agenda through the House.

Speaker Nancy Pelosi, D-Calif., and other leaders met privately with centrists who say they want an official cost estimate from the nonpartisan Congressional Budget Office before voting on a 10-year, \$1.85 trillion social and environment bill. Democrats can lose no more than three votes in the narrowly divided House to pass the legislation.

Biden said he would “make some calls” to lawmakers. He said he would ask them to “vote yes on both these bills right now.”

Leaders want to pass that legislation, and a separate five-year, \$1 trillion package of road and other infrastructure projects, to quickly notch accomplishments just days after a gubernatorial election defeat in Virginia and disappointing contests elsewhere. They also wanted the votes to occur before Congress left by the weekend for a week-long recess.

Leaders have said complete CBO figures won’t be available for days or more. “We’re working on it,” House Majority Leader Steny Hoyer, D-Md., said of the talks. By late morning, a House procedural vote was underway that started over three hours earlier as behind-the-scenes discussions continued.

House passage of Biden’s larger measure would send it to the Senate, where it would face certain changes and more Democratic drama. That’s chiefly because of demands by Sens. Joe Manchin of West Virginia and Kyrsten Sinema of Arizona to contain the measure’s costs and curb or drop some of its initiatives.

But House approval of the smaller, bipartisan infra-

structure measure would send it directly to the White House, where Biden would be certain to take a victory lap. That bill, projected to create mountains of jobs, had been blocked by House progressives to pressure moderates to back the larger family and climate-change legislation.

Pelosi met late Thursday with Hispanic lawmakers wanting the larger measure to go as far as possible in helping immigrants remain in the U.S. Their prospects for bold action are limited by strict Senate rules, though. Rep. Adriano Espaillat, D-N.Y., said Friday that they’d discussed moving on the issue in other bills and considered Pelosi an ally.

After months of negotiations, House passage of the big bill would be a crucial step, sending to the Senate Biden’s effort to expand health care, child care and other social services and deliver a huge investment to fight climate change.

Alongside the slimmer roads-bridges-and-broadband package, it adds up to Biden’s answer to his campaign promise to rebuild the country from the COVID-19 crisis and confront a changing economy.

Pelosi’s strategy seemed focused on passing the most robust bill possible in her chamber and then leaving the Senate to adjust or strip out the portions its members won’t agree to. In late tweaks to the bill to nail down votes, the House Rules Committee approved revisions to a state-and-local tax deduction and other issues.

Half the size of Biden’s initial \$3.5 trillion package, the bill exceeds 2,100 pages and has support progressive lawmakers, even though it is smaller than they wanted. But the chamber’s more centrist and fiscally conservative Democrats continued to mount objections. Republicans opposed the measure as too expensive and damaging to the economy.

The package remains more far-reaching than any other in decades. It would provide large numbers of

Americans with assistance to pay for health care, raising children and caring for elderly people at home.

There would be lower prescription drug costs, limiting the price of insulin to \$35 a dose. Medicare for the first time would be able to negotiate with pharmaceutical companies for lower prices for some other drugs, a long-sought Democratic priority.

Medicare would have a new hearing aid benefit for older Americans, and those with Medicare Part D would see their out-of-pocket prescription drug costs capped at \$2,000.

The package would provide some \$555 billion in tax breaks encouraging cleaner energy and electric vehicles, the nation’s largest commitment to tackling climate change.

With a flurry of late adjustments, the Democrats added key provisions in recent days – adding back a new paid family leave program and work permits for immigrants. Late changes Thursday would raise a \$10,000 cap on state-and-local tax deductions to \$80,000.

Much of the package’s cost would be covered with higher taxes on wealthier Americans, those earning more than \$400,000 a year, and a 5% surtax would be added on those making over \$10 million annually. Large corporations would face a new 15% minimum tax in an effort to stop big businesses from claiming so many deductions that they end up paying zero in taxes.

Democrats have been working to resolve their differences, particularly with Manchin and Sinema, who forced cutbacks to Biden’s bill but championed the slimmer infrastructure package that had stalled amid deliberations.

Manchin has panned the new family and medical leave program, which is expected to provide four weeks of paid time off after childbirth, for recovery from major illness or for caring for family members, less than the 12-week program once envisioned.

## Cookie contest

Continued from Page 1A

her co-workers as test subjects.

She said her husband Brent believes he deserves a shout out “for all the baked goods that leave this house that he doesn’t get to eat.”

Her former co-worker, Dr. John Leslie, tried an early batch of her chocolate chip cookies and advised her to refrigerate her dough before baking them.

After following his advice, Lancaster now has “the best chocolate chip cookies in the state.”

A year before Lancaster started on her culinary quest, she was diagnosed with Type II diabetes.

“My doctor wishes I didn’t eat what I bake,” she said. “But, I’ve gotta try it.”

Lancaster recalls a time when she had made a batch of competition cookies that she left out on a plate to cool when her son Layton was about six or seven. Layton helped himself to a cookie and unfortunately ate “the one”-- the one that was picture perfect with an even distribution of chocolate chips and just the right shade of tan.

She admits she went a little crazy and now when her kids see a plate of cookies, they ask first if they can have one.

Lancaster said she and her husband are very competitive and in 2018 he entered the quick bread division with his own homemade banana bread. He won district, then state and “retired” after that.

Since 2018, the banana bread category hasn’t been back at the state fair. Lancaster hopes it comes back soon so she can compete because she “can’t stand living in her husband’s shadow,” she joked.

The two can be so competitive that he even accused her of sabotaging several batches of his winning banana bread.

As a diabetic, she uses the brown sugar substitute Stevia to use on her baked sweet potatoes and Brent even took the container the Stevia is in and marked it with an “M” for “Mom.”

Brett made batch after batch of his banana bread and complained it “just didn’t taste right.” Lancaster later realized when all of her Stevia disappeared that he had been using it instead of regular brown sugar.

He jokingly blamed her for his mistake.

She said it’s all in good fun and that her husband even constructed her a ribbon holder that hangs on the wall between their dining room and kitchen.

This year’s state judging coincided with the opening of deer season so Lancaster’s mother Cathy Brightwell and niece Lillie Hall made the three hour trek to Little Rock with her.

She baked Friday night in order to travel on Saturday and they drove slowly and super carefully. Her mom even bought her a wheelie cart to transport the baked goods safely from the car to the judging area.

Lancaster said it took three and a half hours for judges to taste and award the winners.

In previous years, Rhonda Hull of Mabelvale has been her biggest competition in open baking.

“She won everything,” she said. “I’d come in second to her.”

This year Hull was beaten in seven divisions.

State fair organizers usually will take a photo of the winner with all of their entries, but after judging, Hull packed it all up and went home.

Lancaster learned that cheesecake doesn’t travel well.



Emily Lancaster poses with her award-winning bakery items at the Arkansas State Fair. PROVIDED

“It turned into pudding,” she said.

She came in third.

A competitor she refers to as “The Pie Lady” -- because she makes the most beautiful pies -- won first in the cream pie category, along with best in show. Lancaster came in second to her with a recipe her granny Agnes Dunlap got from her mother, who found the recipe in a newspaper.

“I gave her (Dunlap) the ribbon after I won,” she said.

After the competition was over, Lancaster’s mom cleaned her out of all of the competition leftovers, even the soupy cheesecake, to feed her uncles and cousins who were in town.

Lancaster said she was going to branch outside of the baking zone with a soup that she was going to put in the “ethnic food” group, but the group wasn’t included this year.

“Granny Willodean died last year, but I think she helped me along the way,” she said.

In the future, Lancaster wants to submit an entry to each category in the open bake, including corn bread, which she admits she’s not much of a fan of because it’s too gritty.

“Just because I don’t like it doesn’t mean that I can’t bake it,” she said. “I don’t like oatmeal raisin cookies, but I make the best.”

At home, Lancaster even makes her own pancake mix, and her pancakes are a real hit with the family, along with their two dogs. Even her mom will steal the leftover pancakes, freeze them. Then she’ll reheat them and eat them out of her hands like cookies, with

no butter or pancake syrup on them.

Even though she loves baking, Lancaster said she hates to cook.

“They are definitely two different things,” she says of cooking versus baking.

## SUN VALLEY CINEMA

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Showtimes Nov. 5 - Nov 11th

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\*Starts Wed., Nov. 10\*  
Wed.-Thurs. 7:15  
**Dune (PG-13)**  
Fri. 4:00 & 7:00  
Sat-Sun. 1:00, 4:00 & 7:00  
Mon.-Thurs. 7:00

**Eternals (PG-13)**  
Fri. 3:50, 7:00 & 9:30  
Sat. 12:45, 3:50, 7:00 & 9:30  
Sun. 12:45, 3:50 & 7:00  
Mon.-Thurs. 7:00  
**Halloween Kills (R)**  
Fri. 4:15, 7:15 & 9:30  
Sat. 1:45, 4:15, 7:15 & 9:30  
Sun. 1:45, 4:15 & 7:15  
Mon.-Thurs. 7:15

**Antlers (R)**  
Fri. 4:00, 7:00 & 9:30  
Sat. 1:30, 4:00, 7:00 & 9:30  
Sun. 1:30, 4:00 & 7:00  
Mon.-Thurs. 7:00  
**Venom: Let There Be Carnage (PG-13)**  
Fri. 4:15, 7:15 & 9:30  
Sat. 1:45, 4:15, 7:15 & 9:30  
Sun. 1:45, 4:15 & 7:15  
Mon.-Thurs. 7:15

**Last Night in Soho (R)**  
Fri. 4:00 & 7:00  
Sat.-Sun. 1:30, 4:00 & 7:00  
Mon.-Tues. 7:00

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**Ghostbusters: Afterlife** and **Will Smith in King Richard.**

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# OPINION



**Sonny Garrett**  
Columnist

## It's too early to look like Christmas

There's still Halloween candy left – well, at least those maple nut rocks and the petrified peanut butter “chews” that break your teeth – yet you already can hear Christmas music and we're being inundated with Christmas commercials.

I thought it was bad enough that Hallmark has been airing Christmas movies since Groundhog Day, but we hadn't even reached Halloween before trees, decorations and advertisements for the holiday season were released like some joyous kraken. At this rate, Macy's will have to start scheduling their Thanksgiving parade around Labor Day. If not earlier.

I know these last two years have been depressing as all get out with the pandemic, an election campaign spawned in Hades, and the cancellation of the Kardashians TV show. Folks want something to make them happy and feel better. There's a need to believe the future will be better and not just a continuing descent into the black pit of despair that's been 2020 and 2021. (I haven't had any coffee as I write this so I might sound a little bitter and cynical. Sorry.)

While I've pretty much always enjoyed Christmas when the holiday season gets here, jumpstarting the season earlier and earlier the last few years has given me a better appreciation for Ebenezer Scrooge and the Grinch.

I've grown to tolerate the commercialization of Christmas, although I think it has been a big mistake for corporations to bet so much of their survival on holiday sales. Many businesses now depend on Christmas sales not just to boost their bottom lines, but in some cases for their economic survival. On top of that, the government looks to the Christmas season to boost the national economy.

Meanwhile, many people are spending money they barely have and going deep into debt in the name of holiday spirit when they're actually being drawn in to support increasing corporate greed. (I said I was feeling a bit cynical.)

In addition to the usual business spiel, this year there's a so-called supply chain shortage. Businesses are creating a fear that people won't be able to get that 86-inch screen 4K HD television, or the current hot must-have video game this Christmas unless they buy them now. People are afraid they even may not be able to find summer sausage and cheese gift sets for last-minute holiday giving.

So, they're encouraging people to buy now, buy early before the shelves are all bare. Shop before everything's gone and you look like Scrooge without gifts, they say. Get out there and spend, spend, spend! Because that's what Christmas is all about, isn't it?

Aren't we supposed to outspend, outdo, out-gift everyone else? Isn't Christmas about supporting the economy because it's the economy that matters, right? Making profits is the name of the game, isn't it?

It seems to me big business is putting a lot of effort into starting the holiday season earlier each year as their worship of money becomes more important than why Christmas is celebrated. I think it's ironic when the saying “the reason for the season” is used to promote sales.

Instead of pushing Christmas before folks have swapped their ghosts and goblins for pilgrims and turkeys, how about we just take a step back to reconsider priorities. We don't need to spend outrageous amounts of money to show others we love and appreciate them. People shouldn't have to feel pressured into shopping for everyone they remotely know until they drop, or until the last minute on Christmas Eve, which ever comes first. And we don't need corporations pushing us to shop three or four months before the holiday.

Its one thing to run across something in June you think would make a good gift for someone. It's another for business to push us to start Christmas shopping before summer's official end. For generations we did fine having Halloween, then Thanksgiving, then starting the Christmas season. I think it's time we resumed that simpler practice instead of being pressured into starting before the jack o' lanterns have collapsed on the doorsteps.

•••  
**Side note:** Tuesday marks Sweet Pea's fifth birthday. It's been a quick 5 years, and I can hardly believe they've gone so quickly. As I've often said, she has me wrapped around her little finger. It's been that way for five years, but that's what granddaughters are supposed to do with grandfathers. So, exercising a columnist and grandfather's prerogative, I just want to say happy birthday, Sweet Pea. Love ya!



## Virginia Democrats destroyed themselves on Election Day

**Glenn Harlan Reynolds**  
Columnist

After Terry McAuliffe's stunning defeat by challenger Glenn Youngkin in Virginia's gubernatorial race, conservative journalist Matt Walsh tweeted, in part: “I want to thank the Loudoun County school board. None of this would have been possible without you.”

He was right. Virginia Democrats weren't so much defeated as self-destructive, and much of the destruction was caused by school boards.

Loudoun County in Northern Virginia has been the scene of many political fights over curriculum and gender policies. After parents showed up at meetings to criticize the influences of critical race theory, some teachers and school board officials organized online campaigns to discuss harassing them and even hacking them. (One school board member, Beth Barts, has resigned, and a special prosecutor is investigating her ongoing removal case.)

Then the school board knew about – and covered up – the sexual assault of a female student in a girls' room by a now-convicted, gender-fluid assailant, likely because it was afraid that would bring its expansive transgender policy into disrepute.

When the father of the victim grew angry at a school board meeting, members had him manhandled, arrested and then cited as evidence by the National School Boards Association, in a now-retracted letter, that angry parents were some sort of domestic-terrorism threat. This claim was amplified by Attorney General Merrick Garland.

Normally, what happens in local school boards stays in local school boards. America's public education tradition has been one of decentralized public education, with systems accountable to parents via locally elected school boards. But what happens when the school boards try to write parents out of the equation?

Virginia happens. While parents are children's primary educators and should have the greatest influence over kids' education, Democrats' activist base seems to think that kids should belong to the state, not their parents. When McAuliffe said during a debate, “I don't think parents should be telling schools what they should teach,” it confirmed a lot of people's worst fears.

Had McAuliffe done the sensible thing and said that of course parents have a right to express an opinion on their kids' education, the story would have died. But he said the opposite. Had Garland declined to take a public position on angry parents in local meetings, the story would have gotten far less attention.

But neither one could help himself. The Democrats have allowed their party's messaging, and its signature policy moves, to be controlled by their activist fringes.

Traditionally, a party with a razor-thin majority would move cautiously, focusing on middle-of-the-road projects that a bipartisan majority supports. But the Democrats depend heavily on teachers' unions – and public school teachers.

It's not just school boards, of course. The governance of blue cities has been bad enough to be a national drag on the Democratic Party. Bill de Blasio's awful mayoralty turned New York City from a crown jewel into a dump; Seattle and Portland are national disgraces with their lawlessness; and Midwestern cities like Minneapolis and Chicago have suffered under the influence of trendy but awful depolicing policies or rhetoric.

In many of these places, we're already seeing an impact. Minneapolis voters rejected a police department-abolishing measure. The voters of Seattle (!) elected a law-and-order Republican city attorney. And the governor's race in deep blue New Jersey, which should have been a layup for the incumbent, was unexpectedly close. (The Democrat won.) People want to live in clean, safe and orderly communities, and they don't want to be the unwilling targets of poorly thought out social experiments.

But the schools stuff hits the hardest, because it attacks people's kids. And in the end, it may not just be Virginia Democrats who self-destructed but the public schools themselves. New York City's public schools are hemorrhaging students – losing 64,000 students since the 2019-20 school year – as parents move their kids to charter schools, private schools, home-schooling or out of the city altogether. And you can see similar trends around the nation.

Of course, some experts suggest (including McAuliffe himself) that the former Democratic governor was dragged down by President Joe Biden's plummeting popularity. But it's also the case that Biden's out-of-touch ineffectuality looks worse against a background of lousy government at the local level.

The solution for Democrats is easy: Take a moderate, sensible approach that reflects what most voters want. Do that, and you'll win all the elections you need. But can Democrats do that in the face of their internal pressures? I'm not holding my breath.

*Glenn Harlan Reynolds, a University of Tennessee law professor and the author of “The New School: How the Information Age Will Save American Education from Itself,” is a member of USA TODAY's Board of Contributors.*



**Terry McAuliffe, shown here with President Joe Biden at a campaign rally last month, lost the Virginia governor's race to Republican Glenn Youngkin.**  
ALEX BRANDON/AP



# New grand jury seated in criminal probe of Trump

Michael R. Sisak  
ASSOCIATED PRESS

NEW YORK – New York prosecutors investigating former President Donald Trump’s business dealings convened a new grand jury to hear evidence in the probe as the previous panel’s term was set to run out, a person familiar with the matter told The Associated Press.

The development comes as the Manhattan district attorney’s office is considering more indictments in a case that has already resulted in tax fraud charges against Trump’s company, the Trump Organization, and its longtime CFO Allen Weisselberg.

Trump remains under investigation after District Attorney Cyrus Vance Jr. led a multiyear fight to get access to Trump’s tax records.

The person was not authorized to speak publicly and did so on condition of anonymity. The news of the new grand jury was first reported by The Washington Post. The Manhattan DA’s office declined comment.

Investigators working for Vance and New York Attorney General Letitia James have spent more than two years to determine if the Trump Organization misled banks or tax officials about the value of the company’s assets, inflating them to gain favorable loan terms or minimizing them to reap tax savings.

As part of a continuing civil investigation, James’ office issued subpoenas to local governments in November 2019 for records pertaining to Trump’s estate north of Manhattan, Seven Springs, and a tax benefit Trump received for placing land into a conservation trust. Vance issued subpoenas about a year ago seeking many of the same records.

James’ office has also been looking at similar issues relating to a Trump office building in New York City, a hotel in Chicago and a golf course near Los Angeles. Her office also won a series of court rulings forcing Trump’s company and a law firm it hired to turn over troves of records.

The New York Times reported last month that Westchester District Attorney Mimi Rocah had opened an investigation into whether the Trump Organization misled officials to cut taxes for a golf course.

In the criminal case, Weisselberg



Former President Donald Trump remains under investigation after a multiyear fight to get access to his tax records. EVAN VUCCI/AP, FILE

has pleaded not guilty to charges he collected more than \$1.7 million in off-the-books compensation, including apartment rent, car payments and school tuition. Trump’s company was also charged in the case, which prosecutors have described as a “sweeping and audacious” tax fraud scheme.

Prosecutors have also been weighing whether to seek charges against the company’s chief operating officer, Matthew Calamari Sr.

According to the indictment, from 2005 through this year, the Trump Organization and Weisselberg, 74, cheated tax authorities by conspiring to pay senior executives off the books by way of lucrative fringe benefits and other means. Weisselberg alone was accused of defrauding the federal, state and city governments out of more than \$900,000 in unpaid taxes and underserved tax refunds.

Trump was not charged with any wrongdoing, but prosecutors noted he signed some of the checks at the center of the case. In recent months, a pair of Trump Organization executives testified before the grand jury hearing evidence in the Manhattan case.

# Biden administration sues Texas over new voting laws

Paul J. Weber  
ASSOCIATED PRESS

AUSTIN, Texas – The Biden administration on Thursday sued Texas over new election laws that outlasted a summer of dramatic protests by Democrats, who remain unable in Congress to pass legislation they say is needed to counteract a year of Republicans adding restrictive voting measures nationwide.

The lawsuit does not go after the entirety of a sweeping bill signed in September by Republican Gov. Greg Abbott in Texas, which already has some of the nation’s toughest voting rules. Instead, the challenge filed in a San Antonio federal court targets provisions surrounding mail-in voting requirements and voter assistance, which the Justice Department argues violate federal civil rights protections.

It now puts two of the Texas GOP’s biggest conservative victories this year in court against the federal government, as the Justice Department is simultaneously trying to stop a new Texas law that has banned most abortions since September.

“Our democracy depends on the right of eligible voters to cast a ballot and to have that ballot counted,” Attorney General Merrick Garland said. “The Justice Department will continue to use all the authorities at its disposal to protect this fundamental pillar of our society.”

Georgia’s new voting laws also drew a lawsuit this summer from the Biden administration, which is under pressure from the Democratic base to take greater action on voting rights, a top priority for the party ahead of the 2022 midterm elections. But time is running out and Senate Republicans have repeatedly blocked federal legislation to change election laws, including another attempt Wednesday.

Opponents of the Texas law known as Senate Bill 1 had already sued the state, accusing Republicans of setting out to disenfranchise minorities and other Democratic-leaning voters. The bill specifically targets Democratic strongholds, and was followed by Ab-



The lawsuit does not go after the entirety of a sweeping bill signed in September by Texas Gov. Greg Abbott. ERIC GAY/AP, FILE

bott weeks later signing new voting maps that fortify the GOP’s slipping dominance amid the state’s explosive growth.

Abbott and other Texas Republicans say the changes provide safeguards against voter fraud, which is rare.

“Biden is coming after Texas for SBI, our recently enacted election integrity law,” Republican Texas Attorney General Ken Paxton tweeted. “It’s a great and a much-needed bill. Ensuring Texas has safe, secure, and transparent elections is a top priority of mine. I will see you in court, Biden!”

Under the new Texas law, people assisting voters who need help completing their ballot must take a longer oath that now includes acknowledging a penalty of perjury. It also removes old language about answering voters’ questions, which opponents say will harm voters with disabilities.

Mail-in ballots must also now include a driver’s license number or the last four digits of a Social Security number, which the Justice Department says raises the chances of ballots being wrongly rejected and excluding some eligible voters.

The law also bans 24-hour polling locations and drive-thru voting, which are not contested in the Justice Department’s lawsuit.

The legislation in Texas set off a summer of walkouts by Democrats.

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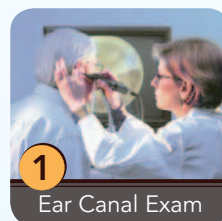
“This holiday season, I’m thankful for the sounds of loved ones and friends laughing, the parades and games on TV. But most importantly, I can’t wait for the sound of all the cooking in the kitchen and the anticipated call to eat.”



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## FAITH&amp;RELIGION

## What are our veterans thinking?



**Everyday Spirituality**  
Norris Burkes

In the last few months, several people have asked me how veterans feel about the sudden pullout of troops in Afghanistan.

Honestly, I'm not sure. I do know that sometimes we can do the right thing for the right reasons, but it will never feel OK.

So, on a more helpful note, I do know of five things that most vets would like you to know. They are things they shared with pollsters in 2011 when the Pew Research Center polled 2,500 vets and 2,000 civilians.

● First, most of us would have you know we don't like war. Yes, we train for it, practice it, and do it well, but we don't like it. We know better than any legislator that war involves battle and as Col.

Dave Hackworth said, "War is hell, but actual combat is a ..." (Because this is a chaplain's column, let's just say, combat is much worse.)

We hate war because we value our lives as well as those who serve with us. I suppose that's why more than one-third of vets returning from Iraq and Afghanistan expressed ambivalence over whether either war was worth the cost. Hence, not sure how we feel about leaving any battlefield unfinished.

We should be clear to all potential foes that while we never seek a fight, neither will we cower from one. You can count on the fact that we will go where we are sent and we will even go again.

● Sometimes we feel alone. The war on terror was the longest period of sustained conflict in our nation's history. Yet only one-half of 1 percent of Americans have served on active-duty since Sept. 11. In some sense, our minority status leaves us feeling like paid mercenaries – and everyone knows mercenaries are expendable.

I guess that explains why the survey reported that 84 percent of vets believe civilians don't understand our problems and 83 percent of surveyed civilians agreed with that assessment.

● It's nice that three-quarters of Americans say they have thanked someone in the military, but some of us are starting to feel over-thanked.

To a person, most vets will say, "Thank us, but please don't worship or pity us." The draft ended 40 years ago, so most of us chose to enlist. With that enlistment, we've enjoyed pretty good pay and benefits for our sacrifices.

● We aren't all crazy with PTSD. While the survey says that four in 10 vets say they've had a hard time adjusting, and 37 percent report post-traumatic stress, that doesn't mean we are unable to cope. Yes, we do carry some baggage, and that baggage may have shifted during our long flight home, but we are learning to reintegrate into our civilian roles.

● In fact, most of us are doing fine.

The large majority of us returned without getting shot at or losing our friends to IEDs. And even those who did see such carnage have returned to civilian life without debilitating or permanent damage.

I'd even venture to say that most of us are doing better than OK. A majority of the post-Sept. 11 veterans in the poll say that the military matured them with self-confidence. So, if you'll excuse a prideful boast, vets tend to believe that training and experience has given us a leg up on most civilians. And that, I believe, is as you caringly intended it to be.

So, this Veterans Day, bring your family together for a well-deserved day off. Go to a movie. Have a barbecue. But please don't forget to go to the parade, because in the words of Will Rogers, "We can't all be heroes. Somebody has to sit on the curb and clap as they go by."

Contact Chaplain Norris at [comment@thechaplain.net](mailto:comment@thechaplain.net) or 10556 Combie Road, Suite 6643; Auburn, CA 95602 or voicemail (843) 608-9715.

## RELIGION NEWS IN BRIEF

## Haitian revelers honor the dead in Vodou festival

PORT-AU-PRINCE, Haiti – Hundreds of revelers clad in white and clutching candles crowded into the main cemetery at Haiti's capital on Monday to pay their respects to the dead during an annual Vodou festival.

Many in the crowd surrounded the tomb of the first person buried in the Port-au-Prince cemetery, believing it contains the guardian of the dead, known in Haitian Vodou as Baron Samedi.

The celebration comes at a time of deepening misery and violence for Haiti, which is struggling to recover from the July 7 assassination of President Jovenel Moïse and a 7.2 magnitude earthquake that struck southwest Haiti in mid-August and killed more than 2,200 people. The country also is facing a severe fuel shortage, a rise in the cost of basic goods and a spike in gang-related kidnappings.

Revelers offered candles and money to a Vodou priest dressed in black and wearing a white hat who stood upon the tomb as he carved a cross into the candles with his fingernail and murmured something under his breath before giving them back.

Nearby, people filled wooden bowls with plantains, fish, bread, avocados and anything else they thought their dead relatives or friends might appreciate. They also poured black coffee into the ground as an offering.

Vodou is an official and widely practiced religion in Haiti, where it is practiced widely in the country of more than

11 million people. It was born in the 16th century when slaves from West Africa who were forced to practice Catholicism combined the saints with spirits in African religions.

## College cancels Meacham talk over Planned Parenthood ties

BIRMINGHAM, Ala. – A conservative Christian university withdrew an invitation for historian Jon Meacham to speak during inaugural activities for its new president this week after critics complained the Pulitzer Prize-winning author has appeared at Planned Parenthood events.

Samford University, located in suburban Birmingham, announced the cancellation of Meacham's appearance, which had been set for Wednesday, after an online petition cited his speeches to Planned Parenthood, which provides abortion and other medical care for women.

The petition, which had about 1,030 signatures Tuesday morning, said Meacham's "beliefs and core values do not align with those of Samford University, as it is a Southern Baptist institution." It called Meacham's planned speech "alarming for the future of Samford."

Samford's new president, Beck A. Taylor, wrote in a letter posted on the university's website last Wednesday that Meacham's speech was "intended to highlight his work in analyzing the current state of civility and discourse in our country," not abortion.

Associated Press

## Mother who lost husband, 3 children to ALS fights for a cure

**Phil Gianficaro**  
Doylestown Intelligencer  
USA TODAY NETWORK

LEVITTOWN, Pa. – ALS was killing off Kathleen Malloy Trapenasso's family one by one.

Her first husband, Patrick Malloy Jr., in 1985. Then, unbelievably, a son, Patrick III; a daughter, AnnaMarie; and another daughter, Kathleen, all in a span of 30 months, beginning in January 2017. A husband and three of their six grown children taken by a progressive neurodegenerative disease for which there is no cure, practically no effective treatment, and woefully lacking research dollars.

ALS – Amyotrophic lateral sclerosis – is a disease with a heavy driving foot that ignores all stop signs. Medical science works to find an answer. A wife and mother sought one too.

"In the beginning, I would look at the big cross in my bedroom and ask God why?" said Trapenasso, 82, of Levittown, Pennsylvania. "Why take all three? I just kept looking at the cross and talking to him. Asking him, why?"

Had this woman of faith turned away from God, it would have been understandable. Had she tossed the cross, Bible, religious statues, and prayer cards, who could have blamed her? Three children and a husband killed by the same dreaded disease. The odds are staggering. Her devotion to her Lord was being tested in ways no mother should be left to endure. But instead of moving away, she moved closer.

"He knows what he's doing, why this is happening to my family," said Trapenasso. "I don't. I told him, 'You must keep me going. You must fill me with your grace every day to deal with this.' And he has."

What struck down Trapenasso's family is Familial ALS, or FALS, meaning there's an inherited genetic mutation causing the disease.

Patrick Jr. had that mutation. In FALS, there's 50 percent chance a parent may pass the mutation to each of their children. Only 10 percent of cases are considered familial. Most ALS cases are sporadic, meaning the cause of the disease is unknown.

"You hear the doctor say ALS and your heart just stops," said Trapenasso. "I remember sitting in the doctor's office in Lower Bucks with my husband, Patrick, back in 1983. He was having hand shaking, staggering, falling. We thought it was something from when he was in Korea in the war. He was in the 82nd Airborne. Enlisted when he was 19. Strong."

"Then the doctor came in and said these exact words to us: 'Patrick, I just have to tell you, you have ALS. There's no treatment. It's terminal.' Patrick got quiet. I almost fainted. He died on May 12."

Mother's Day.

A woman of faith finds the strength to talk about her misery. She remembers each of her fallen children in detail: Their personalities; their giving nature; and their commitment to raising money and awareness to find a cure for the disease that killed their father and would eventually take each of them.

"They all grew up in Levittown, graduated from St. Michael the Archangel School, went to Bishop Egan and

Bishop Conwell. Patrick worked in Manhattan, lived in Hoboken. He called me one day to say he didn't feel well. I thought it was cancer. He said, 'No, mom, it's ALS.' The whole family went to help him. We prepared his meals, did his wash. When he got really sick, he came to live with me. Two years later, in 2017, he died when he was 58. He couldn't breathe anymore.

"My AnnaMarie started feeling symptoms when she had a hard time breathing. Nobody imagined it'd be ALS too. We put her in St. Mary's Hospital to be checked out. Dr. (Benjamin) Solomon, a pulmonologist, examined her. He met with us. Told us it was ALS. Again. My heart just left my body. I had no heart anymore. I was in a daze, in another world. She didn't last long after that. It was in July of '18, just 46, with a son and talking marriage."

"Kathleen lived in Newtown. She was a model. One day she told me, 'Mom, I feel like I'm always falling.' I told myself no. I didn't want to believe it was happening again. She kept falling and broke her foot. It healed, but she kept falling. We got her checked out. It was ALS. She died in June of '19. She was 52. It happened again. Why?"

A husband and three children taken by the same disease.

Somehow, Trapenasso's faith has provided her with the strength to go on, to love, to be thankful for and cherish her remaining three children, John, Timothy, and Charles; grandchildren; and second husband, Joseph.

"The other kids never got tested for the gene," she said. "At one point, Charles thought he also had ALS. He got very sick, but thank God it wasn't ALS. He tested negative for the ALS gene. But my kids carry the burden and fear on their shoulders."

A mother with more scars on her heart than imaginable watches a cruel, deadly disease ravage her family. She watched, essentially helplessly, as ALS waged war on her family. Watched ALS do what it does, attacks the motor neurons responsible for sending signals from the brain though the spinal cord to control muscle movement. When the neurons die, all voluntary muscle movement stops. Patients incrementally become completely paralyzed, unable to speak, swallow, and, in the end, breathe.

ALS is especially cruel in that it does not impair cognitive thinking.

"One day, AnnaMarie told me, 'Mom, I feel like I'm trapped inside my own body,'" Trapenasso recalled. "She said, 'At least if I had Alzheimer's, I wouldn't know what's going on.'"

"Imagine, wishing you had Alzheimer's, which is awful. That just tells you how bad ALS is. We have to find a cure. We have to."

Trapenasso's family does their best to help do just that.

They raised thousands of dollars through the efforts of their team, Pat's Posse, so named in memory of their father and brother who shared the name. They participated in the annual Walk to Defeat ALS at Citizens' Bank Park in Philadelphia. They raised funds and awareness at area events, too.

"When I get to heaven, I don't think I'll ask him why he did this to my family," Trapenasso said. "I'll thank him for giving me the strength to go on. Without it, I don't think I could have gone on. After what happened to my children, that's when I needed him most."



## WELCOME, Dr. Adam Smitherman

Baxter Regional Medical Center welcomes Adam Smitherman, MD, to our medical staff and Baxter Regional Neurosurgery & Spine Clinic. He is a neurosurgeon joining the practice of Dr. Lucas Bradley and Dr. Allan Gocio. Dr. Smitherman is accepting new patients by referral.

After graduated from the University of Georgia in Athens with a bachelor's degree in genetics, Dr. Smitherman attended the Medical College of Georgia in Augusta. He completed a neurological surgery residency at University of Oklahoma Health Sciences Center in Oklahoma City and a neurosurgery spine fellowship at Rush University in Chicago. His areas of interest include open and minimally invasive spine surgery, adult spinal deformity and spinal oncology.

He enjoys hiking, fly fishing, cooking, tennis, volunteer mission work and traveling. We welcome Dr. Smitherman and his wife, Ashton, a nurse practitioner also joining the clinic, to the Mountain Home area.



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## NATION & WORLD

# Pfizer: Pill cut hospital, death risk nearly 90%

Antiviral could become a key COVID treatment

Matthew Perrone  
ASSOCIATED PRESS

WASHINGTON – Pfizer Inc. said Friday that its experimental antiviral pill for COVID-19 cut rates of hospitalization and death by nearly 90% in high-risk adults, as the drugmaker joined the race for an easy-to-use medication to treat the coronavirus.

Currently, most COVID-19 treatments require an IV or injection. Competitor Merck's COVID-19 pill is already under review at the Food and Drug Administration after showing strong initial results; on Thursday the United Kingdom became the first country to approve it.

Pfizer said it will ask the FDA and international regulators to authorize its pill as soon as possible, after independent experts recommended halting the company's study based on the strength of its results. After Pfizer applies, the FDA could make a decision within weeks or months.

Since the beginning of the pandemic last year, researchers worldwide have raced to find a pill to treat COVID-19 that can be taken at home to ease symptoms, speed recovery and prevent hospitalization.

Having pills to treat early COVID-19 "would be a very important advance," said Dr. John Mellors, chief of infectious diseases at the University of Pittsburgh, who was not involved in the study.

"If someone developed symptoms and tested positive, we could call in a prescription to the local pharmacy as we do for many, many infectious diseases," Mellors said.



Pfizer said it will ask the FDA and international regulators to authorize its pill as soon as possible. DON EMMERT/AFP VIA GETTY IMAGES

Pfizer on Friday released preliminary results of its study of 775 adults. Patients who received the company's drug along with another antiviral shortly after showing COVID-19 symptoms had an 89% reduction in their combined rate of hospitalization or death after a month, compared to patients taking a dummy pill. Fewer than 1% of patients taking the drug needed to be hospitalized, and no one died. In the comparison group, 7% were hospitalized and there were seven deaths.

"We were hoping that we had something extraordinary, but it's rare that you see great drugs come through with almost 90% efficacy and 100% protection for death," said Dr. Mikael Dolsten, Pfizer's chief scientific officer.

Study participants were unvaccinated, with mild to moderate COVID-19, and were considered at high risk for hospitalization due to issues like obesity, diabetes or heart disease.

Treatment began within three to five days of initial symptoms and lasted for five days. Patients who received the drug earlier showed slightly better results.

Pfizer reported few details on side effects but said rates of problems were similar between the groups at about 20%.

An independent group of medical experts monitoring the trial recommended stopping it early, standard procedure when interim results show such a clear benefit. The data have not yet been published for outside review, the normal process for vetting new medical research.

Top U.S. health officials continue to stress that vaccination will remain the best way to protect against infection. But with tens of millions of adults still unvaccinated, effective, easy-to-use treatments will be critical to curbing future waves of infections.

# 11 states sue over vaccine mandate

David A. Lieb  
ASSOCIATED PRESS

JEFFERSON CITY, Mo. – Attorneys general in 11 states filed suit Friday against President Joe Biden's administration, challenging a new vaccine requirement for workers at companies with more than 100 employees.

The lawsuit filed in the St. Louis-based 8th U.S. Circuit Court of Appeals argues that the authority to compel vaccinations rests with the states, not the federal government.

"This mandate is unconstitutional, unlawful, and unwise," said the court filing by Missouri Attorney General Eric Schmitt, one of several Republicans vying for the state's open U.S. Senate seat next year.

New regulations by the Occupational Safety and Health Administration mandate that companies with more than 100 employees require their workers to be vaccinated against COVID-19 or be tested for the virus weekly and wear masks on the job. The requirement is to kick in Jan. 4. Failure to comply could result in penalties of nearly \$14,000 per violation.

Schmitt said Missouri has 3,443 private employers who could be covered by the vaccine requirement, with nearly 1.3 million employees.

He said he sued "to protect personal freedoms, preserve Missouri businesses, and push back on bureaucratic tyrants who simply want power and control."

The Biden administration has encouraged widespread vaccinations as the quickest way out of the pandemic.

# New chief on 'Havana Syndrome' named

Matthew Lee and Nomaan Merchant  
ASSOCIATED PRESS

WASHINGTON – The State Department on Friday named a new coordinator for its investigation into cases of Havana Syndrome, responding to increased pressure from lawmakers to investigate and respond to hundreds of brain injuries reported by diplomats and intelligence officers.

Secretary of State Antony Blinken appointed a high-ranking deputy, Jonathan Moore, to coordinate the department's task force on the cases. He replaces Pamela Spratlen, a retired diplomat temporarily called back into service by Blinken before leaving in September.

Blinken also appointed retired ambassador Margaret Uyehara to lead efforts to directly support care for State Department employees.

Investigators have been studying a growing number of reported cases by U.S. personnel around the world and whether they are caused by exposure to microwaves or other forms of directed energy. People affected have reported headaches, dizziness, nausea, and other symptoms consistent with traumatic brain injuries.

Possibilities under consideration include the usage of a surveillance tool or a device intended to harm. The cases are known as "Havana Syndrome" dating to a series of reported brain injuries in 2016 at the U.S. Embassy in Cuba.



Secretary of State Antony Blinken speaks while announcing that Jonathan Moore, back, is the new coordinator for its investigation into cases of Havana Syndrome. ANDREW CABALLERO-REYNOLDS/POOL VIA AP

After years of investigation, the U.S. government has still not publicly identified what or who might be behind the incidents or whether they are attacks. But leaders in the State and Defense departments and at the CIA have pushed employees to report possible brain injuries and in some cases removed leaders who were seen as unsympathetic to the cases.

"This is about the health and security of our people and there's nothing we take more seriously," Blinken said Friday.

Several hundred cases are under investigation. There have been multiple reports in recent weeks of potential incidents linked to visits by high-profile

U.S. officials, including a case involving a member of CIA Director William Burns' traveling party in India and incidents at the U.S. Embassy in Bogotá, Colombia, before a visit by Blinken.

The State Department said Friday that Deputy Secretary Brian McKeon had met with diplomats in Vienna to discuss possible cases reported this year in Austria.

Democrats and Republicans have pressed President Joe Biden's administration to determine who and what might be responsible for the cases and improve treatment for victims, many of whom have long said government officials aren't taking their cases seriously. Biden earlier this month signed a bill intended to improve medical care for victims.

Sen. Jeanne Shaheen, D-N.H., said at a recent hearing that after speaking to victims, there was still "clearly a disconnect as to what is happening at the top levels of the State Department and how victims are being treated in some cases."

Shaheen has introduced new legislation to fix what she described as differences in how various agencies are investigating and treating cases.

"There's still not enough information that's being shared, not enough coordination that's being done," she said in an interview. "There's not a unanimity of response on how to deal with it."

# Death toll rises to 43 in Nigeria building collapse

Chinedu Asadu  
ASSOCIATED PRESS

LAGOS, Nigeria – Seven more bodies have been recovered from a high-rise apartment building that collapsed while under construction in Lagos, bringing the death toll to 43, a Nigerian Red Cross official said.

Among the dead is Femi Osibona, a director of Fourscore Homes, the real estate company building the 21-story luxury tower, Segun Akande said.

No survivors have been rescued from the site since Tuesday.

It is not known how many people remain missing but one construction worker at the scene estimated that 100 people were working there when it collapsed on Monday, meaning that 48 people could still be missing.

Lagos, Nigeria's largest city with more than 14 million people, has begun three days of mourning with flags at half-staff. An investigation has begun to determine what caused the collapse and whether there were lapses on the part of regulatory agencies.

Structural integrity tests have been ordered "to safeguard the lives of emergency workers on the rescue operation," said Lagos Governor Babjide Sanwo-Olu.

## NATION & WORLD WATCH FROM WIRE REPORTS

### Report: US cancels vaccine maker's multimillion-dollar deal

WASHINGTON – The federal government has canceled a multimillion-dollar deal with Emergent BioSolutions, a Maryland-based vaccine manufacturer with facilities in Baltimore that were found to have produced millions of contaminated Johnson & Johnson vaccine doses this spring, the Washington Post reported. Emergent disclosed the development Thursday in a conference call discussing its latest financial results. Emergent said it will lose about \$180 million because of the contract's termination, according to the Post.

### Michigan to pay \$300K to only staffer fired over Flint water

DETROIT – The state of Michigan said Friday it agreed to pay \$300,000 to the only employee who was fired as a result of lead-contaminated water in Flint. The agreement with Liane Shekter Smith, who was head of the state's drinking water division, came weeks after an arbitrator said she was wrongly fired in 2016 by officials who were likely looking for a "public scapegoat." The state this week faced a deadline to appeal the order through the civil service system as well as an award of \$191,880 in back pay and other compensation.

### 2 dead in dramatic shootout near upscale Mexican resorts

MEXICO CITY – A commando of drug gang gunmen on Thursday stormed ashore at a beach on Mexico's resort-studded Caribbean coast in front of luxury hotels and executed two drug dealers from a rival gang. The dramatic shooting attack sent tourists scrambling for cover at the resort of Puerto Morelos, just south of Cancun. The two suspected drug dealers killed Thursday had apparently arrived at the beach in front of the Azul Beach Resort and the Hyatt Ziva Riviera Cancun earlier in the day, claiming it was now their territory.

### China lashes out at press freedom survey in Hong Kong

HONG KONG – China on Friday criticized a press freedom survey from the Hong Kong Foreign Correspondents' Club that found nearly half its members were considering leaving the city. The survey said the members were concerned about a decline in press freedoms under a sweeping national security law. In a statement, the Commissioner's Office of China's Foreign Ministry in Hong Kong warned the FCC to stop making "noise" and accused the organization of being "black hands" that intervene in the city's affairs.



# Powell

Continued from Page 1A

and our nation one of its finest and most loyal soldiers. Yet even as we contemplate the magnitude of our loss, we can almost hear a familiar voice asking us – no, commanding us – to stop feeling sad, to turn our gaze once again from the past to the future and to get on with the nation’s business while making the most of our own days on Earth, one step at a time.”

During her tenure as ambassador to the United Nations during the Clinton administration, Albright sometimes clashed with Powell, although they became good friends. Both have recalled the time, during his final months as Joint Chiefs chairman, when she argued for a U.S. military intervention in the Balkans, asking why the United States had built a superb military if it couldn’t be used in such circumstances. Powell recalled being so irritated by her statement, “I thought I would have an aneurysm.”

Powell’s view was that the United States should commit its military only when it had a clear and achievable political objective, a key element of what became known as the Powell Doctrine, which embodied lessons learned from the U.S. failure in Vietnam.

The story of Powell’s rise to prominence in American life is a classic.

In his autobiography, “My American Journey,” Powell recalled a 1940s childhood in the Hunts Point section of New York City’s South Bronx, where he was a mediocre student – happy-go-lucky but aimless.

He caught the military bug during his first year at the City College of New York in 1954. Powell was inspired by seeing fellow students in uniform, and he enrolled in the school’s Reserve Officer Training Corps.

“I felt distinctive” in uniform, he wrote.

Although he was only 4 when the United States entered World War II, he had vivid memories of the war years. “I deployed legions of lead soldiers and directed battles on the living room rug,” he wrote – a fantasy forerunner of his Army years.

Powell would serve 35 years in uniform. Commissioned in 1958, he served around the world, including two tours in Vietnam in the 1960s.

He distinguished himself at the Pentagon even before he attained flag officer rank. In the late 1970s he worked in the Office of the Secretary of Defense, and in 1983 as a brigadier general he be-



The flag-draped casket of former Secretary of State Colin Powell is carried into the Washington National Cathedral on Friday. MANUEL BALCE CENETA/AP



President Joe Biden and first lady Jill Biden talk with former President Barack Obama before the funeral for Colin Powell. ANDREW HARNIK/AP

came the senior military assistant to Defense Secretary Caspar Weinberger. He later served in the White House as President Ronald Reagan’s national security adviser, and in 1989 he was promoted to four-star general. Later that year, President George H.W. Bush selected him to be the first Black chairman of the Joint Chiefs.

It was a trailblazing American dream journey that won him international acclaim and trust.

He put that credibility on the line in February 2003 when, appearing before the United Nations as secretary of state, he made the case for war against Iraq. When it turned out that the intelligence he cited was faulty and the Iraq War became a bloody, chaotic nightmare, Powell’s stellar reputation was damaged.

Still, it wasn’t destroyed. After leaving government, he became an elder statesman on the global stage and the founder of an organization aimed at helping young disadvantaged Americans. Republicans wanted him to run for president. After becoming disillusioned with his party, he ended up endorsing the last three Democratic presidential candidates, who welcomed his support.



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# CHURCH DIRECTORY

## BAPTIST

### Clarkridge Baptist Church

11345 Hwy 201 N.  
Clarkridge, AR 72623.

Brother Gayle Brooks invites you to worship with us.

Sunday Bible study .....9:30am  
Worship .....11:00am  
Evening Bible Study .....6:00pm  
BB-GC1040802-03

### East Oakland Baptist Church

3095 Hwy. 62 East

Sunday School..... 10:00 am  
Worship Service..... 11:00 am  
Sunday Evening ..... 6:00 pm  
Wednesday Evening..... 6:00 pm  
BB-GC10393879-01

### East Side Baptist Church (Southern)

718 East 9th St.  
425-3689

Sunday -  
Early Worship ..... 9:00 am  
Bible Study.....9:15 am  
Worship Service .....10:30 am

Wednesday -  
Team Kid for children  
Youth Extreme  
Adult Classes ..... 6:30 pm

The public is invited and encouraged to attend.  
BB-GC1040807-02

### Gassville Baptist SBC

Hwy. 62, Gassville  
Gray Wife, Pastor - 435-6007  
Galen Doyle, youth Pastor  
Sunday.....9:30 am  
Morning Worship ..... 10:30 am  
Sunday Evening:  
Evening Worship.....6:30 pm  
Wednesday Evening:  
Wednesday Night Meals  
5:00 pm - 6:15 pm  
TeamKids, Youth Bible Study  
& Adult Prayer Meeting/Bible Study 7:00 pm  
BB-GC10395981-01

### Mountain Home Baptist Church, SBC

1960 Glenbriar Rd.  
(Just off Bypass)  
Phone 425-3150

mhbaptistchurch@suddenlinkmail.com  
Sunday School.....@ 9:00 am  
Sunday Morning Services ..@ 10:15 am  
Wednesday Night Services...@ 6:00 pm  
24 Hour Prayer Line 425-3150  
Fax: 424-8704

### Twin Lakes Baptist Church

1 Mile East of Big Creek Golf Course  
2645 Hwy 62 SW  
Phone 870-425-8663  
Dr. Sam Bailey, Sr. Pastor  
Bill Hughes, Community Pastor  
Robert and Judy Horn,  
Sr. Adult Leaders  
Annette Bailey Worship Leader  
Shirley Gay, Church Office  
Sunday Services 10:30 am  
(Deaf Interpreted)  
Sunday School 9:00 am  
Wed. Evening Service 6:00 pm  
www.twinlakesbaptistchurch.com  
BB-GC10394467-01

### Unity Missionary Baptist Church

Hwy 126 four Miles N. of Gassville  
Phone: 424-3349  
Noel Moore, Pastor  
Sunday School..... 9:45 AM  
Sunday Worship.....10:30AM  
Sunday Bible Study.....6:00 PM  
Sunday Worship.....6:30 PM  
Wednesday Prayer.....7:00 PM  
BB-GC10564104-01

### Whiteville Baptist Church

Hwy 126 N. from Gassville  
Turn Left on CR 720  
Service Schedule  
Sunday School..... 10:00 am  
Morning Worship..... 11:00 am  
BB-GC10394469-01

## CALVARY

### Calvary Chapel Twin Lakes

Sunday Service ..... 10:00 am  
Wednesday Survey  
Through the Bible..... 6:30 pm  
1058 Highland Cir., Suite 32  
Mtn. Home - 870-424-2231  
www.calvarychapeloftwinlakes.com  
BB-GC10394471-05



## CATHOLIC

### St. Peter The Fisherman Roman Catholic Church of Mountain Home

249 S Dyer ST \* 870-425-2832

Fax: 870-424-5172

Email: stpeters@sppccmtnhome.org

Rev. Norbert Rappold, Pastor

Rev. Nazarus Maduba, Assoc Pastor

Bob Crawford, Deacon

Masses

Saturday.....4:00 pm

Sunday.....7:00 am, 8:30 am, & 11:00 am

Latin Mass-2nd, 4th & 5th Sundays...2:00pm

Daily Masses

## CHRISTIAN CHURCH

### Flippin Christian Church

306 E. Main, Flippin,

870-453-8119

Pastor: Bill Joiner

Sunday Service

10:45 am & 6:00 pm

Wednesday Service & Youth Group - 6:00 pm

BB-GC1046496-02

### Christian Church of Mountain Home

(Formerly Memorial Christian Church)

1365 Eastside Center

Phone 425-8323

Pastor, Eric Dwyer

Sunday Schedule

Lord's Supper & Preaching ..... 9:30 am

Bible Classes ..... 11:00 am

Wednesday Schedule

Women of Worth Bible Study.... 9:30 am

Bible Classes ..... 6:30 pm

Ask About

Financial Peace University!

BB-GC10564073-01

## CHRISTIAN SCIENCE

### First Church of Christ, Scientist

315 E. 3rd, Mtn. Home

Phone 425-7525

Sun. Services & School... 10:30 am

Wed. Testimonial Meeting 12:00 pm

Reading Room Hours:

Wednesday 1:00 - 3:00 pm

## CHURCH OF CHRIST

### Cotter Church of Christ

408 Walnut Hill Lane

Cotter, Arkansas 72626

870-435-2540

Minister - Bill Dillon

Sun. A.M. Bible Study..... 10:00 am

Sun. A.M. Worship..... 11:00 am

Sunday pm Worship..... 5:00pm

Wed. pm Bible Study..... 7:00 pm

MT. 6:33: Seek ye first the Kingdom of God and His righteousness, and all these things shall be added unto you.

BB-GC10394492-01

### Hwy. 5 Church of Christ

1 mile south of bypass,

2950 Hwy. 5 South

688-0526 or 321-5746

Joe Davis & Keith Sharp, Elders

Sunday Morning Classes... 10:00 am

Sunday Morning Worship .. 11:00 am

Sunday Afternoon Worship... 2:00pm

Wed. Ladies Class..... 10:00 am

Wed. Bible Class & Worship.. 7:00pm

### Mountain Home Church of Christ

380 North College & North

870-425-4330

email address: church@centurytel.net

Ken Burton - Minister

Chris Brill - Associate Minister

Sunday ..... 9:30 & 10:30 am

Sunday Evening ..... 5:00 pm

Wednesday ..... 6:30pm

BB-GC10394491-01

### Oakland Church of Christ

3184 Hwy. 62 East

(just east of the bypass)

Mountain Home, AR 72653

870-449-4645

Terry Ott, Minister

Sunday ..... 10:00 & 10:45 am

Song Practice ..... 5:30 pm

Sunday Evening ..... 6:00 pm

Wednesday Evening..... 6:30 pm

BB-GC10394607-01

### Riverside Church of Christ

"Bringing Christ to Our Community and the World"

435-2828

190 Whitaker Lane

Gassville, AR 72635

Sun. Morning Bible Class .... 9:00 am

Sun. Morning Worship Service 10 am

Sun. Evening Services..... 5:00 pm

Wed. Evening Bible Class .... 7:00 pm

BB-GC10394610-01

## CHURCH OF CHRIST

### West Road Church of Christ

2980 West Road/Hwy. 178

Email address:

westroadcoc@yahoo.com

Minister: Luell McCutcheon

870-453-8314

Sunday Bible Class 10:00 am

Sun. Morning Worship 10:30 am

Sunday Evening 6:00 pm

Wednesday Evening 7:00 pm

## CHURCH OF GOD

### New Horizon Church of God

18 New Horizon Circle

870-701-3489

Pastor Don Dow

BB-GC10408274-01

## COMMUNITY CHURCH

### Cowboy Church

Bar None Cowboy Church

44 Arrowleaf Lane

(Off CR15)

P.O. Box 1359, Mtn. Home

Phone: 870-481-5600

Sunday Service..... 9:00 am

Children's Church ..... 9:00 am

Midweek Bible Study ..... Wed. 6:30 pm

Kids Roundup

(supper served)..... Wed. 6:00 pm

Thursday Gatheringat ..... 6:00 pm

www.barnonecowboychurch.com

## COMMUNITY OF CHRIST

### Community of Christ

340 East 11th St. • Mtn. Home, AR

Co Pastors, Lois Brooks & Sharon Madsen

Phone 424-3224

www.cofchrist.org

Sunday Church School...9:45 am

Sunday Worship...11:00 am

BB-GC10408274-01



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BB-GC10408278-01

## EPISCOPAL

### St. Andrew's Episcopal

511 Coley Drive • Ph. 425-3560

Holy Eucharist.....8:00 & 10:30 am

Adult Forum ..... 9:15 am

www.standrewsmountainhome.org

Email:

www.standrewssecretary@gmail.com



## LUTHERAN

### Holy Cross Lutheran Church, ELCA

Hwy. 62 East,

1 mi. east of bypass

Pastor Sherman Gordius

Church Office 492-6636

Sunday Worship ..... 9:00 a.m.

Fellowship ..... 10:00 a.m.

holycrossmtnhome.com

### Redeemer Lutheran Church

Missouri Synod  
Stephen Ministry Congregation

Visitors Always Welcomed

Rev. Kevin McReynolds,

Senior Pastor

353 Hwy 5 N., Mtn. Home

Phone (870) 425-6071

Sunday Worship

8:30am and 11:00am

Adult Bible Study held

between services at 9:40am

Handicap Accessible

www.redeermtnhome.org

redeemeryouth.com

## NON-DENOMINATIONAL

### Word of Life Church

310 S. Main St.

Mtn. Home, AR • 425-6916

Pastor - Greg Ford

Sunday Worship.....10:00 am

Wed. Evening Worship..... 6:00-8:00 pm

Bread of Life Kitchen ..... 3:00-5:30 pm

EDGE Youth..... 6:00-8:00 pm

Where 'things' are subject to change

## ORTHODOX

### Holy Transfiguration Orthodox Church

292 Co Rd 390 (behind Lowes)

425-3488 • Fr. Mark Rowe, Rector

Saturday Vespers ..... 6:00PM

Sunday Matins..... 9:00AM

Sunday Divine Liturgy ..... 10:00AM

Weekday Matins ..... 7:00AM

Weekday Vespers..... 6:00PM

Wed Vespers..... 5:30PM

Wed St. Monica's Prayer Group..... 6:00PM

Wed Study Group..... 7:00PM

### St. Thomas the Apostle Orthodox Church

96 County Rd 420, Mountain Home

Phone (870) 421-2986

Fr. Samuel Seamans, Pastor

Sunday Worship Schedule

The Hours ..... 9:00 am

Divine Liturgy..... 9:30 am

Like Us on Facebook

## PRESBYTERIAN

### Fellowship Cumberland Presbyterian Church

1209 East 9th St., Mtn. Home

Phone 425-5419

Gary Tubb, Minister

Sunday Church School.....9:30 am

Sunday Worship.....10:30 am

Streaming Link: www.twitch.tv/fellowshipcpc

## UNITARIAN

### Unitarian Universalist Fellowship

Alice Hurley, Lay Minister

425-152



# SPORTS

## SIDELINES

### Carson Schmitz is latest MHHS Athlete of the Week

Carson Schmitz, a sophomore on the Lady Bomber volleyball team, is the most recent Jim Holsted Memorial Athlete of the Week for Mountain Home High School.

Schmitz had 12 kills against Alma, 13 kills against Greenbrier and 15 kills against Benton in the Class 5A State Tournament. She also plays club volleyball and is a member of GATE. She is the daughter of Jamie and Dave Schmitz.

The Athlete of the Week award is selected by the Mountain Home High School athletics department and is presented by Mike and Susan Stockton.



### Viola junior girls hold off Sloan-Hendrix

The Viola Junior Lady Longhorns improved to 3-1 with a 40-34 victory over the Sloan-Hendrix Junior Lady Greyhounds on Thursday night at Imboden.

Marissa Hutson totaled 12 points and nine rebounds to lead Viola, which led 10-7 after one quarter, was tied 19-19 at halftime, and led 29-27 after three quarters.

Jaden Fry scored 11 points, Cheyenne Newberry tallied 10, and Kenzie Hall totaled seven points and six rebounds for Viola.

The Junior Lady Longhorns host Hillcrest at 5:30 p.m. Monday.

### Registration now open for Mountain Home Lady Bomber volleyball skills clinic

The 2022 Lady Bomber volleyball skills clinic for grades 3-8 will be held from January through April at Mountain Home High School.

Cost is \$100 per camper, with a \$50 down payment by the start date. Players will have one to two scrimmage sessions per week, allowing them to develop new skills, learn the game, and build confidence in their abilities.

Interested parties should download the Remind app and join the 2022 Bomber Volleyball Skill Clinic class. Use the code: @2022bomvbc or send a text to 81010 and text @2022bomvbc. To obtain a registration form, call the athletics office at 425-1285.

### No. 5 Arkansas soccer whips Auburn to advance to 6th straight SEC final

ORANGE BEACH, Ala. — Top-seeded Arkansas (16-3-0) continued its SEC Tournament journey with a win over fifth-seeded Auburn (12-6-1), 5-1, in the semifinals Thursday night.

With the victory, the Razorbacks advance to their sixth-straight conference tournament championship game. Senior midfielder Kayla McKeon recorded her second brace of the 2021 campaign.

Arkansas finally connected in the 41st minute for McKeon's first goal. Two minutes into the second half, McKeon struck again, this time off a free kick after a foul was committed by a Tiger player on the near side of the field. Auburn got one back a minute later from midfielder Sydney Thibodaux.

The Hogs' third goal came from senior Taylor Malham. Junior Beate Franklin was next for Arkansas, scoring her first goal as a Razorback in the 81st minute of the match. Midfielder Ava Benedetti rounded out the scoring in the 83rd minute after another assist from Fitch. Arkansas finished the match outshooting the Tigers 18-8.

The Razorbacks face the winner of Tennessee-Ole Miss in the championship, set for 1 p.m. Sunday on the SEC Network.



# AIRING IT OUT

## College football Week 9 QB rankings

Paul Myerberg USA TODAY

As Heisman Trophy contenders rise and fall, what's striking about Bryce Young's first year as Alabama's starter is his consistency.

He's completed at least 62.9% of his throws in seven of eight games. He's had multiple touchdowns and thrown for at least 240 yards in every game. He's topped the 300-yard mark five times, including in each of the Tide's last three games.

Despite some misgivings in September about the state of the Alabama offense, Young has this unit ranked second nationally in scoring (45.9 points per game)

and first in the SEC in yards per play (6.8) heading into Saturday's game against LSU.

Three of the Crimson Tide's next four games come against teams ranked 69th or worse in the Football Bowl Subdivision in passing yards allowed per game. That bodes well for Young's chances of closing strong and bringing the Heisman to Tuscaloosa for the second year in a row. He tops this week's list of the best quarterbacks in the country:

**1. Bryce Young, Alabama:** About the only thing he hasn't done well is move the chains on third and long: Young is completing just 47.1% of those throws with zero touchdowns and two

interceptions. That he's made just 17 such attempts speaks to the health of Alabama's offense, however. All told, it's not easy to find negatives in Young's game as he pilots the Tide toward an SEC West title and the conference championship game.

**2. C.J. Stroud, Ohio State:** While the Buckeyes struggled to convert inside the red zone in Saturday's 33-24 win against Penn State, Stroud has been at his best all season when in opposing territory. Across his seven starts, the redshirt freshman has thrown for 19 touchdowns without an interception when inside an opponent's 40-yard line.

**3. Kenny Pickett, Pittsburgh:** Pickett's push for All-America

See QB, Page 2B

BACK: Alabama's Bryce Young. LEFT TO RIGHT: Pittsburgh's Kenny Pickett, Ohio State's C.J. Stroud and Ole Miss' Matt Corral PHOTOS BY USA TODAY SPORTS; ILLUSTRATION BY BEN LANDIS/USA TODAY NETWORK

## Labrador retriever has another run-in



### Fly Fishing for Trout

John Berry  
Guest columnist

As a fishing guide, I keep early hours. I normally go to bed around 8:30 p.m. or earlier because I generally get up around 4:30 a.m.

I get up early because I have a lot to do before I meet up with my clients for the day. I have to shower and shave. I always go online to check the weather so I can dress for the conditions and make any necessary plans for inclement weather.

I also check water conditions to plan my day as to where I go and what I do. If I am fishing from the boat, I have to hook it up and make sure I have plenty of fuel. I then pack my lunch and load it into the car. After making coffee and a

light breakfast, I am ready to leave the house about 7 a.m.

Last night I was soundly asleep when my wife, Lori, woke me up about 10 p.m. I was told that our big black male Lab, Ghillie, had gotten skunked when she took him out to use the bathroom before she went to bed.

As Lori is still recovering from a broken arm (thanks to Ghillie), she needed a bit of assistance to treat him for the skunk spraying he had received. This is not his first rodeo. He got skunked a couple of years ago.

I jumped out of bed, threw on some clothes and headed outside to help Lori. Of course, it was raining. She had mixed up her homemade concoction of hydrogen peroxide (a pint), baking soda (a quarter cup) and dawn liquid detergent (a teaspoon).

She mixed this up and poured it on his head (where he got sprayed). I got a small scrub brush and scrubbed it in.

We left it on for a few minutes and then rinsed it off. Miraculously, it worked and the stench was gone. We let him go, and he shook the water from his thick coat and was ready to come inside. We towed him off and put him in his kennel cage. He quickly went to sleep.

I don't know what it is about him and skunks. He certainly has a high prey drive and definitely is an alpha. He has been skunked twice in two years. When he chased our black and white rescue cat, Spike, I think he mistook him as a skunk.

Of course, this incident resulted in Lori's broken arm, which has been a major discomfort for her. We now regularly use an e-collar when we take him out at night. This is not only to keep us from getting hurt but also to help him stay safe.

He is a bit of a wild man and needs some guidance.



IN BRIEF

**Receiver Odell Beckham Jr. released by Browns:** Odell Beckham Jr.'s run his last route for the Browns. He's wide open now. The polarizing wide receiver is being released by the Cleveland Browns, who are cutting ties with Beckham after a drama-filled stay that ended with him being told to stay home from practice. Beckham's unceremonious exit — not completely official — came on Friday, his 29th birthday.

**Conference USA adding 4 schools:** Conference USA will add Liberty, Jacksonville State, New Mexico State and Sam Houston State as the league tries to replenish its ranks after having nine schools announce plans to leave in the last month. All four schools have accepted invitations to C-USA, according to a person familiar with the conference and the schools' decisions.  
— Wire reports

SPORTS ON TV

**(All times Eastern)**  
**Schedule subject to change and/or blackouts Saturday, November 6**  
**AUTO RACING**

**12:55 p.m.**  
ESPNEWS — Formula 1: Practice 3, Autódromo Hermanos Rodríguez, Mexico City  
**3:55 p.m.**  
ESPNEWS — Formula 1: Qualifying, Autódromo Hermanos Rodríguez, Mexico City  
**7 p.m.**  
CNBC — NASCAR Cup Series: Qualifying, Phoenix Raceway, Avondale, Ariz.

**8:30 p.m.**  
NBCSN — NASCAR Xfinity Series: The NASCAR Xfinity Series Championship, Phoenix Raceway, Avondale, Ariz.

**COLLEGE FOOTBALL**

**11:30 a.m.**  
CBS — Army at Air Force  
**12 p.m.**  
ABC — Wake Forest at North Carolina  
ACCN — Pittsburgh at Duke  
CBSN — Louisiana Tech at UAB  
ESPN — Missouri at Georgia  
ESPN2 — Illinois at Minnesota  
ESPNU — SMU at Memphis  
FOX — Ohio St. at Nebraska  
FS1 — Kansas St. at Kansas  
SECN — Liberty at Mississippi  
**3 p.m.**  
PAC-12N — California at Arizona  
**3:30 p.m.**  
ABC — Michigan St. at Purdue  
BTN — Wisconsin at Rutgers  
CBS — Auburn at Texas  
A&M  
CBSN — Colorado St. at Wyoming  
ESPN — Oklahoma St. at

West Virginia  
ESPN2 — Tulsa at Cincinnati  
FOX — Baylor at TCU  
FS1 — Penn St. at Maryland  
NBC — Navy at Notre Dame  
**4 p.m.**  
ACCN — NC State at Florida St.  
ESPNU — Tulane at UCF  
SECN — Mississippi St. at Arkansas  
**7 p.m.**  
BTN — Iowa at Northwestern  
CBSN — Boise St. at Fresno St.  
ESPN — LSU at Alabama  
ESPN2 — Tennessee at Kentucky  
PAC-12N — Oregon St. at Colorado  
**7:30 p.m.**  
ABC — Oregon at Washington  
ACCN — Clemson at Louisville  
ESPNU — Houston at South Florida  
FOX — Indiana at Michigan  
FS1 — Texas at Iowa St.  
SECN — Florida at South Carolina  
**10 p.m.**  
FS2 — San Jose St. at Nevada  
**10:15 p.m.**  
ESPN2 — UTSA at UTEP  
**10:30 p.m.**  
ESPN — Southern Cal at Arizona St.  
ESPNU — Norfolk St. at NC Central (Taped)  
**11 p.m.**  
FS1 — San Diego St. at Hawaii  
**GOLF**  
**4 a.m.**  
GOLF — LPGA Tour: The Aramco Saudi Ladies International, Second Round, Royal Greens G&CC, King Abdullah Economic City, Saudi Arabia (Taped)  
**5 a.m.**  
ESPN2 — Asia-Pacific Amateur Championship:

Final Round, Dubai Creek Golf & Yacht Club, Dubai, United Arab Emirates  
**8 a.m.**  
GOLF — EPGA Tour: The Portugal Masters, Third Round, Dom Pedro Victoria Golf Course, Vilamoura, Portugal  
**2 p.m.**  
GOLF — PGA Tour: The World Wide Technology Championship, Third Round, El Camaleon Golf Club, Playa del Carmen, Mexico  
**5:30 p.m.**  
GOLF — PGA Tour Champions: The TimberTech Championship, Second Round, Broken Sound Club; (Old Course), Boca Raton, Fla. (Taped)  
**4 a.m. (Sunday)**  
GOLF — LPGA Tour: The Aramco Saudi Ladies International, Third Round, Royal Greens G&CC, King Abdullah Economic City, Saudi Arabia (Taped)  
**HORSE RACING**  
**12 p.m.**  
FS2 — NYRA: America's Day at the Races  
**2:30 p.m.**  
NBCSN — Breeders' Cup World Championships: From Del Mar Racetrack, Del Mar, Calif.  
**8 p.m.**  
NBC — Breeders' Cup Classic: From Del Mar Racetrack, Del Mar, Calif.  
**MIXED MARTIAL ARTS**  
**8 p.m.**  
ESPNEWS — UFC 268 Prelims: Undercard Bouts, New York  
**NBA BASKETBALL**  
**7:30 p.m.**  
NBATV — Utah at Miami  
**10:30 p.m.**  
NBATV — LA Lakers at Portland  
**NHL HOCKEY**  
**2 p.m.**  
NHLN — Tampa Bay at Ottawa  
**7 p.m.**  
NHLN — Boston at Toronto  
**RODEO**  
**11 p.m.**  
CBSN — PBR: World Finals, Las Vegas  
**SOCCER (MEN'S)**  
**8:30 a.m.**  
NBCSN — Premier League: Manchester City at Manchester United  
**11 a.m.**  
NBCSN — Premier League: Wolverhampton at Crystal Palace  
**1:30 p.m.**  
NBC — Premier League: Newcastle United at Brighton & Hove Albion  
**TENNIS**  
**9 a.m.**  
TENNIS — Paris-ATP Semifinals; Billie Jean King Cup Finals Championship  
**6:15 a.m. (Sunday)**  
TENNIS — Paris-ATP Doubles Final



Packers quarterback Aaron Rodgers said Friday he sought alternative treatments instead of the NFL-endorsed COVID-19 vaccinations because of an allergy he has to ingredients in two of the FDA-approved shots. RICK SCUTERI/AP

# Rodgers sought treatments instead of COVID-19 vaccine

Barry Wilner  
ASSOCIATED PRESS

Green Bay Packers quarterback Aaron Rodgers said Friday he sought alternative treatments instead of the NFL-endorsed COVID-19 vaccinations because of an allergy he has to ingredients in two of the FDA-approved shots. Speaking on SiriusXM's "Pat McAfee Show," Rodgers said: "I'm not an anti-vax, flat-earther. I have an allergy to an ingredient that's in the mRNA vaccines. I found a long-term immunization protocol to protect myself and I'm very proud of the research that went into that." Rodgers, who has been tested daily as part of NFL protocols for the unvaccinated, came up positive for the coronavirus on Wednesday. He said he didn't feel well on Thursday but was much better on Friday.

He can't rejoin the Packers for 10 days, missing Sunday's game at Kansas City. Rodgers must have a negative

test to return to the team on Nov. 13.

Rodgers told McAfee he has concerns about potential fertility issues had he taken one of the vaccinations.

In July, three doctors who specialize in reproductive health vouched for the safety of vaccinations for couples who want to have a baby and urged people to seek out their doctors or nurse practitioners with any questions.

Dr. Stephanie Broadwell of Sanford Health Fargo, Dr. Stephanie Foughty of Altru Health Devils Lake and Dr. Ana Tobiaz of Sanford Health Bismarck basically said to get the vaccine.

"I can understand that people are scared, people are nervous," Broadwell said.

"I think sometimes there can be information that can be helpful and some that can be somewhat misleading. I think it's just really hard to digest all the information that is out there and stories that are filtering through that maybe even come from trusted sources."

## QB

Continued from Page 1B

honor will take a slight hit after Pittsburgh's 38-34 loss to Miami, though it's pretty hard to blame the senior for the Panthers' second loss. As in the team's earlier setback, a shootout loss to Western Michigan, Pickett put up crooked numbers: 519 yards on 9.4 yards per attempt with three scores, though he did toss two interceptions. The touchdowns gave him 83 for his career, breaking the program record held by Dan Marino.

**4. Matt Corral, Ole Miss:** Corral is no longer the Heisman favorite or even the co-favorite after the Rebels' 31-20 loss to Auburn. The most impactful quarterback on the field was the Tigers' Bo Nix, who finished with 306 yards of total offense and three touchdowns while Corral completed 21 of 37 throws for 289 yards and an interception. In the five games since tossing three touchdowns against Tulane on Sept. 18, Corral has just six touchdowns against two picks. That won't cut it for the Heisman.

**5. Caleb Williams, Oklahoma:** The freshman phenom keeps stacking monster Saturdays, the latest a six-touchdown performance in the Sooners' rout of Texas Tech. In 99 attempts since replacing Spencer Rattler midway through the Red River Shootout against Texas, Williams has thrown for 1,097 yards and 14 touchdowns against one interception.

**6. Sam Hartman, Wake Forest:** Hartman has made the most unexpected Heisman push this side of Michigan State running back Kenneth Walker III, his former teammate with the Demon Deacons. The redshirt sophomore conducts an offense that has scored at least 35 points in every game and topped 40 in three straight. In his last two games, Hartman has thrown for 860 yards and eight touchdowns.

**7. Desmond Ridder, Cincinnati:** The numbers don't match up with the top passers in the FBS, even if there's no overstating Ridder's importance to a team chasing a playoff berth. The four-year starter ranks 52nd nationally in completion percentage (63.6),



Quarterback Caleb Williams has transformed Oklahoma's offense, thanks to his confidence. BRYAN TERRY/THE OKLAHOMAN-USA TODAY NETWORK

43rd in yards (1,847), 39th in yards per attempt (8.2) and 30th in efficiency rating (155.4), though he does rank 15th in touchdowns (18).

**8. Carson Strong, Nevada:** Strong is beginning to pour it on as Nevada moves past a sluggish start to the regular season. The potential first-round draft pick has thrown for at least 377 yards and multiple touchdowns in the Wolf Pack's last four games, placing him in the top seven nationally in completion percentage, passing yards and touchdowns.

**9. Grayson McCall, Coastal Carolina:** McCall rebounded from a tough loss to Appalachian State on Oct. 23 by throwing for 294 yards and two scores along with a season-high 59 yards on the ground against Troy. He continues to be the most productive passer in the country on a per-throw basis: McCall is averaging 13.1 yards per attempt with an FBS-best efficiency rating of 216.1.

**10. Brennan Armstrong, Virginia:** Armstrong was injured in the fourth quarter of Virginia's 66-49 loss to Brigham Young and could miss a key stretch of games as the Cavaliers fight for the ACC Coastal championship. (That they are heading into an off week could help.) Before the injury, Armstrong had pulled Virginia out of a 21-0 hole with 337 passing yards, 94 rushing yards and four combined touchdowns.

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**Sunday**  
Bible Class - 10:00 A.M.  
Worship Assemblies - 11:00 A.M.  
- 2:00 P.M.  
**Wednesday**  
Ladies Bible Class - 10:00 A.M.  
Assembly and Bible Study - 7:00 P.M.  
Individual Bible Studies By Request.



SCOREBOARD



Odds available as of print deadline

MLS		
Favorite	Sunday O/U ML	Underdog
COLUMBUS	3.5 -200	Chicago
Atlanta United	3.5 -133	CINCINNATI
Orlando City	2.5 -	MONTREAL
Toronto FC	2.5 -	TORONTO FC
NYC FC	2.5 -135	Philadelphia
NEW ENGLAND	3.5 -300	Inter Miami
NY Red Bulls	2.5 -	NASHVILLE SC
Minnesota Untd.	2.5 -	LA GALAXY
Vancouver	2.5 -	VANCOUVER
SPORTING KC	3.5 -150	Real Salt Lake
Los Angeles FC	2.5 -	COLORADO
PORTLAND	3.5 -150	Austin FC
FC Dallas	2.5 -	SAN JOSE

NHL		
Favorite	Saturday Spread O/U ML	Underdog
Lightning	-	-125
		SENATORS

NCAAF		
Favorite	Saturday Spread O/U ML	Underdog
AIR FORCE	2.5 37.5	Army
MINNESOTA	15.5 44.5	Illinois
Pittsburgh	21.5 64.5	DUKE
	4.5 71.5	MEMPHIS
GEORGIA	39.5 60.5	Missouri
OLE MISS	9.5 66.5	Liberty
UAB	13.5 48.5	La. Tech
N. CAROLINA	2.5 77.5	Wake Forest
Kansas State	23.5 55.5	KANSAS
Ohio State	14.5 67.5	NEBRASKA
MIAMI (FL)	10.5 63.5	Georgia Tech
App. State	21.5 68.5	ARK. STATE
North Texas	4.5 49.5	SO. MISS
E. CAROLINA	15.5 53.5	Temple
TEXAS STATE	3.5 58.5	UL Monroe
W. KENTUCKY	16.5 67.5	M. Tennessee
Oklahoma State	3.5 49.5	W. VIRGINIA
Baylor	6.5 58.5	TCU
CINCINNATI	23.5 55.5	VIRGINIA
Michigan State	2.5 52.5	PURDUE
TROY	3.5 47.5	S. Alabama
NOTRE DAME	20.5 47.5	Navy
Penn State	9.5 56.5	MARYLAND
CHARLOTTE	6.5 52.5	Rice
Wisconsin	12.5 37.5	RUTGERS
TEXAS A&M	4.5 49.5	Auburn
Colorado State	3.5 40.5	WYOMING
ARKANSAS	4.5 55.5	Mississippi St
Utah State	18.5 71.5	N.M. STATE
UCF	12.5 59.5	Tulane
NC State	2.5 55.5	FLORIDA ST.
Marshall	1.5 58.5	FLA. ATL.
Coastal Carolina	19.5 59.5	GA. SO.
KENTUCKY	0.5 57.5	Tennessee
Iowa	11.5 40.5	N'WESTERN
Oregon State	11.5 54.5	COLORADO
Old Dominion	2.5 51.5	FIU
ALABAMA	29.5 66.5	Isu
NEW MEXICO	1.5 45.5	unlv
FRESNO ST.	4.5 60.5	Boise State
Houston	13.5 52.5	S.FLORIDA
IOWA STATE	6.5 59.5	Texas
Florida	17.5 52.5	S.CAROLINA
Clemson	3.5 46.5	LOUISVILLE
Oregon	7.5 50.5	WASH.
MICHIGAN	20.5 50.5	Indiana
NEVADA	10.5 55.5	San Jose St.
UT San Antonio	12.5 52.5	UTEP
ARIZONA ST.	9.5 59.5	usc
San Diego State	7.5 45.5	HAWAII

NCAAB		
Favorite	Tuesday Spread O/U ML	Underdog
Kansas	4.5 -	-205
DUKE	1.5 -	-130
		MICHIGAN STATE
		Kentucky

NFL		
Favorite	Sunday Spread O/U ML	Underdog
RAVENS	6.5 50.5	-260
COWBOYS	9.5 49.5	-500
Bills	14.5 48.5	-1100
Patriots	3.5 40.5	-190
Raiders	3.5 46.5	-180
		GIANTS

DOLPHINS		
Favorite	Monday Spread O/U ML	Underdog
STEELERS	6.5 38.5	-280
		Bears

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All Times EDT			
NFL			
AMERICAN CONFERENCE			
East			
W	L	T Pct PF PA	
Buffalo	5	2	0 0.714 229 109
New England	4	4	0 500 206 164
N.Y. Jets	2	6	0 250 144 251
Miami	1	7	0 125 138 233

South			
W	L	T Pct PF PA	
Tennessee	6	2	0 750 227 195
Indianapolis	4	5	0 444 245 213
Jacksonville	1	6	0 143 123 203
Houston	1	7	0 125 119 241

North			
W	L	T Pct PF PA	
Baltimore	5	2	0 714 187 164
Cincinnati	5	3	0 625 220 162
Pittsburgh	4	3	0 571 132 142
Cleveland	4	4	0 500 183 180

West			
W	L	T Pct PF PA	
Las Vegas	5	2	0 714 180 166
L.A. Chargers	4	3	0 571 172 177
Denver	4	4	0 500 157 137
Kansas City	4	4	0 500 208 220

National Conference			
East			
W	L	T Pct PF PA	
Dallas	6	1	0 857 225 162
Philadelphia	3	5	0 375 203 191
N.Y. Giants	2	6	0 250 156 200
Washington	2	6	0 250 156 227

South			
W	L	T Pct PF PA	
Tampa Bay	6	2	0 750 260 183
New Orleans	5	2	0 714 176 128
Carolina	4	4	0 500 165 159
Atlanta	3	4	0 429 148 195

North			
W	L	T Pct PF PA	
Green Bay	7	1	0 875 192 167
Minnesota	3	4	0 429 163 157
Chicago	3	5	0 375 123 195
Detroit	0	8	0 000 134 244

West			
W	L	T Pct PF PA	
Arizona	7	1	0 875 246 138
L.A. Rams	7	1	0 875 245 168
San Francisco	3	4	0 429 168 171
Seattle	3	5	0 375 181 169

Thursdays Games		
Indianapolis 45, N.Y. Jets 30		
N.Y. Jets	7	3 6 14 - 30
Indianapolis	7	21 14 3 - 45

First Quarter		
Ind-Hines	34	run (Badgley kick), 6:55.
NYJ-E.Moore	19	pass from White (Ammendola kick), 3:32.

Second Quarter		
Ind-Taylor	21	run (Badgley kick), 13:24.
Ind-Doyle	1	pass from Wentz (Badgley kick), 4:59.
NYJ-E.Moore	33	1:46.
Ind-Pittman	11	pass from Wentz (Badgley kick), :12.

Third Quarter		
Ind-Pinter	2	pass from Wentz (Badgley kick), 6:54.
Ind-Taylor	78	run (Badgley kick), 6:02.
NYJ-E.Moore	19	pass from J.Johnson (run failed), 3:00.

Fourth Quarter		
NYJ-Griffin	13	pass from J.Johnson (Ammendola kick), 11:08.
Ind-FG Badgley	39	8:01.
NYJ-T.Johnson	22	pass from J.Johnson (Ammendola kick), 3:35.

INDIVIDUAL STATISTICS		
RUSHING-N.Y.	Jets,	Carter 13-49,
T.Johnson	4-21,	J.Johnson 4-18.
Indianapolis,	Taylor 19-172,	Hines 6-74,
Wentz 4-13,	Ehlinger 1-1.	
PASSING-N.Y.	Jets,	J.Johnson 27-41-1-317,
White 7-11-0-95.	Indianapolis,	Wentz 22-30-0-272.
RECEIVING-N.Y.	Jets,	Moore 7-84, Cole 5-66,
Crowder 5-38,	Griffin 4-28,	J.Smith 3-40,
T.Johnson 2-40,	Kroft 2-38,	Wesco 2-16,
Berrios 2-5,	Carter 1-37,	Mims 1-20.
Indianapolis,	Pittman 5-64,	Pascal 4-58,
Hines 4-34,	Taylor 2-28,	Dulin 2-23,
Alie-Cox 1-28,	Granson 1-27,	Patmon 1-7,
Pinter 1-2,	Doyle 1-1.	
MISSED FIELD GOALS-None.		

Sunday's Games		
Atlanta	at	New Orleans, 1 p.m.
Buffalo	at	Jacksonville, 1 p.m.
Cleveland	at	Cincinnati, 1 p.m.
Denver	at	Dallas, 1 p.m.
Houston	at	Miami, 1 p.m.
Las Vegas	at	N.Y. Giants, 1 p.m.
Minnesota	at	Baltimore, 1 p.m.
New England	at	Carolina, 1 p.m.
L.A. Chargers	at	Philadelphia, 4:05 p.m.
Arizona	at	San Francisco, 4:25 p.m.
Green Bay	at	Kansas City, 4:25 p.m.
Tennessee	at	L.A. Rams, 8:20 p.m.
Open:	Detroit, Seattle, Tampa Bay, Washington	

Monday's Game		
Chicago	at	Pittsburgh, 8:15 p.m.

MLB		
Calendar		
Dec. 1 - Collective bargaining agreement expires, 11:59 p.m. EST.		

SOCCER		
MLS		
Sunday, November 7		
Atlanta	at	Cincinnati, 3:30 p.m.
Chicago	at	Columbus, 3:30 p.m.
D.C. United	at	Toronto FC, 3:30 p.m.
Miami	at	New England, 3:30 p.m.
New York	at	Nashville, 3:30 p.m.
Orlando City	at	CF Montreal, 3:30 p.m.
Philadelphia	at	New York City FC, 3:30 p.m.
Austin FC	at	Portland, 6 p.m.
FC Dallas	at	San Jose, 6 p.m.
Los Angeles FC	at	Colorado, 6 p.m.
Minnesota	at	LA Galaxy, 6 p.m.
Real Salt Lake	at	Sporting Kansas City, 6 p.m.
Seattle	at	Vancouver, 6 p.m.

NWSL Playoff Round		
First Round		
Sunday, Nov. 7		
Chicago	vs.	Gotham FC, 3 p.m.
Washington	vs.	North Carolina, 5:30 p.m.

NBA			
EASTERN CONFERENCE			
Atlantic Division			
W	L	Pct GB	
Philadelphia	7	2 .778	-
Toronto	6	3 .667	1
Brooklyn	5	3 .625	1½
New York	5	3 .625	1½
Boston	4	5 .444	3

Southeast Division			
W	L	Pct GB	
Miami	6	2 .750	-
Washington	5	3 .625	1
Charlotte	5	4 .556	1½
Atlanta	4	5 .444	2½
Orlando	2	7 .222	4½

Central Division			
W	L	Pct GB	
Chicago	6	2 .750	-
Cleveland	5	4 .556	1½
Milwaukee	4	4 .500	2
Indiana	3	6 .333	3½
Detroit	1	7 .125	5

WESTERN CONFERENCE			
Southwest Division			
W	L	Pct GB	
Dallas	5	3 .625	-
Memphis	5	3 .625	-
San Antonio	2	6 .250	3
Houston	1	7 .125	4
New Orleans	1	8 .111	4½

Northwest Division			
W	L	Pct GB	
Utah	7	1 .875	-
Denver	4	4 .500	3
Minnesota	3	4 .429	3½
Portland	3	5 .375	4
Oklahoma City	2	6 .250	5

Pacific Division			
W	L	Pct GB	
Golden State	6	1 .857	-
Phoenix	4	3 .571	2
L.A. Lakers	5	4 .556	2
Sacramento	4	4 .500	2½
L.A. Clippers	3	4 .429	3

Thursdays Games		
Philadelphia	109,	Detroit 98
Utah	116,	Atlanta 98
Boston	95,	Miami 78
Phoenix	123,	Houston 111
Oklahoma City	107,	L.A. Lakers 104

Friday's Games		
Brooklyn	at	Detroit, late
Memphis	at	Washington, late
San Antonio	at	Orlando, late
Cleveland	at	Toronto, late
New York	at	Milwaukee, late
L.A. Clippers	at	Minnesota, late
Charlotte	at	Sacramento, late
Indiana	at	Portland, late
New Orleans	at	Golden State, late

Saturday's Games		
Houston	at	Denver, 5 p.m.
Utah	at	Miami, 7:30 p.m.
Philadelphia	at	Chicago, 8 p.m.
Boston	at	Dallas, 8:30 p.m.

NHL		
EASTERN CONFERENCE		
Atlantic Division		
GP	W	L OT Pts GF







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### Public Notices

For Construction Management/General Contractor-at-Risk Professional Services

**Proposed project: Norfolk School District Roof Replacement and HVAC Replacement Projects.**

In accordance with Arkansas Code Annotated §19-11-801 to 19-11-805, et. al., the **Norfolk School District** is requesting Statements of Qualifications from well-qualified construction management firms which can adequately demonstrate they have the resources, experience and qualifications to provide Construction Management/General Contractor-at-Risk services for **Norfolk School District Roof Replacement and HVAC Replacement Projects.**

The Norfolk School District reserves the right to accept or reject in part or in whole, any proposals/qualifications submitted, and to waive any technicalities deemed to be in the best interest of the project and/or School District.

The Statements of Qualifications shall include:

- a) Company profile and history
- b) Qualifications and experience of the proposed management team
1. Qualifications to perform preconstruction services including:
  1. Conceptual estimating
  2. Detailed estimating
  3. Value analysis
  4. Systems analysis
  5. Scheduling
  6. Constructability reviews
  7. Bid package development
  8. Cultivation of contractor and supplier interest
  9. Design support.
  10. AR Facilities design Manual Competence

II. Company's qualifications to perform construction management services including:

1. Critical path method schedules
2. Cost control and cost forecasting
3. Contractor coordination
4. Change order management
5. Contractor and supplier procurement
6. Punch-list closeout and warranty programs
7. Management strategies
8. Safety plans.

(c) Prior experience constructing school facilities using the CM/GC-at-Risk project delivery method.

(d) Other relevant or similar project experience, or other relevant information.

(e) Proof of current Arkansas Contractor's License, insurance coverage, and bonding capacity.

(f) Proposed project team

**DUE DATE & TIME:** To be considered for this position, 5 copies of the response to the RFQ must be submitted no later than 12:00 pm on November 2, 2021.

Address the RFQ Documents to:  
Attn: Mr. Chip Layne  
Superintendent  
Norfolk School District  
44 Fireball Lane  
Norfolk, AR 72658

### Great Buys

## Yard Sale

neighborly deals...

### Events & Fairs

**Don't miss this one!**  
Holiday Treasures Festival  
Nov 5-6. 80+ Vendors -  
Santa Saturday 11:00-1:00 -  
Food Trucks - Carnival Games &  
Bounce Houses 26786 Hwy 160  
Hardenville, MO (417)712-0888  
www.tripletreasuresmarketplace.com

### Farmers Market

**Mountain Home**  
MEN'S GARAGE SALE/WOMEN'S  
BAZAAR/BAKE SALE!  
48 Carnation Dr.  
62 E 1 mile east of Walmart  
11/5 & 11/6, 8am-2pm  
Lunch available 11am-1pm  
Quilts, crafts, white  
elephant/Christmas rooms,  
Tools, furniture, misc. items

### GARAGE SALE

Garages are for cars.  
Not Stuff... Call 508-8080  
To Place Your Garage Sale Ad  
The Baxter Bulletin  
www.baxterbulletin.com

### Garage & Rummage Sales

### Estate Sale

1209 Chimney Rock, Mountain View, November 4, 5 and 6, 8 am to 3 pm, Mountain View? Yes!!!!!! Mountain View!!!! Check out the photos on our website p2p72653.com or on our Facebook page at Past to Present Estate Sales! There are some things not pictured and some really unexpected treasures waiting for you!! See you there!

**Bull Shoals, 101-3 Pace's Ferry Dr. HUGE RUMMAGE SALE**  
Thu 11/4 - Sat 11/6, 9am-5pm

**ESTATE/MOVING SALE**  
404 FORREST DRIVE  
FRI/SAT Nov 5 & 6. 8am-7  
EARLY BIRDS WELCOME!  
Rediculously low prices or best offer. Antiques, tools, beautiful dresser, bed, rolltop desk, recumbent bike, TV, lamps, crystal, new double loveseat recliner, entertainment ctr., beautiful hutch, fans, collectibles, kitchenware, hope chest, chairs, fountains, BBQ grill, ladders, lawn garden equip/carts, pwr. generator, toolchest, trimmers/blowers, Dixon mower, storage bins, folding tables, Huge selection Christmas decor & tree. Skis, parade saddle & tac & more.

**MOVING SALE**  
Mountain Home, 502 Leatherwood Dr. off 1st Street.  
Fri 11/5 & Sat 11/6, 8am-2pm.  
MOVING SALE  
Tools, toys, sporting goods, biking, home decor, houseware, Christmas, books, Christian books and more.

**Adopt Me**  
**Pets**  
all your favorites...

**Lost**  
LOST DOG Elmer neutered male 8yr Blood Hound, black/tan, lost in Bull Shoals, AR. 870-405-2053

**Pet Adoption**  
Golden Doodle Puppy, for rehoming.  
Contact: myaste83@yahoo.com (626)226-0049

**Assorted**  
**Stuff**  
all kinds of things...

**Announcements**  
Widowed Male, 200lb, 5'8, 62 years old. Seeking possible companion/relationship. Please write to Tony, PO Box 612, Mountain View, MO 65548 or 417-252-7279

**General Merchandise**  
Queen Size Mattress and Box Springs, in good condition in MT home. \$60. 870-421-9200

**Sporting Goods**  
Antique Fishing Tackle Swap Sat. Nov 6th, 7:30am  
The Ramada Inn, 1127 N.E. Hwy 62  
General Admission \$3.00,  
Table Rental \$15.00  
Room Trading Friday the 5th  
Huge assortment of old lures, reels, rods, and other fishing related items. Tackle collectors from all over the south with loads of old fishing goodies to sell, trade, or just show off. Free tackle appraisals on site!  
For more information call: Jerry McCoy (870) 405-9238, (870) 481-5199.

KastKing Rekon, line counter trolling reel, like new, \$50. (870)421-7461  
traceyhea@reagan.com

KastKing Rover, round bait casting reel, \$40. (870)421-7461  
traceyhea@reagan.com

### DAILY CONNECTION

**SAVE BIG on HOME INSURANCE!** Compare 20 A-rated insurances companies. Let us do the shopping & save you time & money. Get a quote within minutes. Average savings of \$444/year! Call 888-912-0111. (M-F 8am-8pm Central).

**WE SHOP, YOU SAVE** on your Medicare Supplement Insurance! Call 833-924-0438 today to compare Medicare benefits and costs from up to 20 top-rated carriers. Receive the best option for you.

**DIRECTV** - for \$69.99/mo for 12 months with CHOICE Package. Watch your favorite live sports, news & entertainment anywhere. One year of HBO Max FREE. Directv is #1 in Customer Satisfaction (JD Power & Assoc.) Call for more details! (some restrictions apply) Call 1-855-400-3297

**1TV 150 Channels w/ locals \$64.99 mthly.** Call Now! 870-551-2220.

WEEK OF 10/04/2021

### Real Estate

## Homes

starting fresh...

### Home for Sale - In State

**Equal Housing Opportunity**  
All real estate advertising in this newspaper is subject to the Federal Fair Housing Act of 1968 which makes it illegal to advertise any preference, limitation or discrimination based on race, color, religion, sex, national origin, handicap or familial status or an intention to make any such preference, limitation or discrimination.

This newspaper will not knowingly accept any advertising for real estate which is in violation of the law. Our readers are hereby informed that all dwellings advertised in this newspaper are available on an equal opportunity basis.

### Real Estate

## Rentals

great places to live...

### Apartments-Rent

**Country Aire Estates, Cotter**  
1 BD & efficiencies. Utilities, Cable & FREE WIFI  
\$150/\$170 weekly  
cALL 870-321-2141

**LARGE 2 Bedroom for Rent**  
Garage, Washer/Dryer Hookups.  
\$750 Trash/Lawn Paid, Energy Efficient 870-424-7080

### Commercial Industrial Lease

COLLEGE PLAZA 850 sq. ft. and 9000 sq ft +, Vanguard Properties. (870)425-3000.

MINI STORAGE Units From 8 x 10, up to 16 x 22. Call Vanguard Properties Limited. (870)425-3000

OZARK SHOPPING Center, 1000 to 3000 sq. ft. available, Vanguard Properties Limited, (870)425-3000.

WAREHOUSE SPACE available. 800-6,750 sq. ft. Vanguard Properties Limited, 870-425-3000

### Office Space

OFFICE SPACE available. \$220/month, all utilities paid. Call Vanguard Properties. (870)425-3000

### Automotive

## Wheels

best deal for you...

### Cars

2013 Cadillac CTS 3.0L Luxury 4Dr Sedan \$11,900, Local Trade, Heated Leather, Backup Camera, Runs and Drives Great. 870-425-3340

2016 Buick Cascada 2Dr Convertible, Only 10K Miles, Power Top, Nav, Leather/Heated Seats, Heated Wheel, Alloy Wheels, Yours For \$26,900. 870-425-6040

2019 Ford Fusion Titanium Hybrid, Sport Appearance Package, Sunroof, Leather, Backup, Alloy Wheels, Excellent MPG. Only \$22,900. 870-425-6040

### SUVs

2017 Chevrolet Traverse LT AWD 4Dr SUV w/1LT, Backup Camera, Power Windows/Locks, Hands Free, 3rd Row. \$19,900. 870-425-3340

### Trucks

2014 Ford F-150 XLT 4x2 4Dr SuperCrew Styleside 5.5 ft. SB Only 70k Miles, Heated/Cooled Leather, Backup Camera, Bluetooth, Deep Tires, Extra Clean Inside and Out. \$25,000. 870-425-3340

2015 Ford F250 Reg Cab XL 4WD, 1 Owner, Local, Only 38K Miles, Tow Package, 6.2L V8, Automatic, Super Clean, Gently Used, Only \$33,900. 870-425-6040

2015 GMC Sierra 1500 SLT 4x4 4Dr Double Cab 6.5 ft. SB, Local Trade, Extra Clean, Heated Leather Very Well Maintained, Backup Camera. \$24,900. 870-425-3340

2020 Chevrolet Silverado 1500 Crew Cab 4WD Trailboss, 1 Owner, Only 7K Miles, Steps, Backup Camera, All Blacked Out, Sweet, \$49,900. 870-425-6040

### Recreation

## Funtime

play healthy...

### RV, Camper, Trailer

2017 Heartland Prowler Lynx 30LX, Bumper Pull, Rear Bunks, Power Front Jack, 1 Slide, Stove/Oven, Extra Clean and Roomy, \$22,900. 870-425-6040

Coleman Lantern-Edition 2018: 24 ft. - \$14,250! Call: 870-404-4993

**LONG TERM RV spaces for lease.** Late model RVs only. Near Norfolk & White River. 817-648-5054

# LOOKING FOR SOMETHING?

You never know what you'll find for sale in our Classifieds.

Keep looking daily.

## The Baxter Bulletin

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## JUMBLE

THAT SCRAMBLED WORD GAME  
By David L. Hoyt and Jeff Knurek

Unscramble these Jumbles, one letter to each square, to form four ordinary words.

LLYYSS  
WTENI  
MCSAUP  
SGTEKA

Get the free JUST JUMBLE app - Follow us on Twitter @PlayJumble

THE CHILDREN ALL LIKED THE SNOWMAN AND THOUGHT HE WAS ---

Now arrange the circled letters to form the surprise answer, as suggested by the above cartoon.

Answer here:  "  "

(Answers Monday)

Yesterday's Jumbles: USURP TAFFY OUTRAN ADJOIN  
Answer: The sculpture of the presidents at Rushmore's 1,278 acre park is — AT THE "FOUR-FRONT"



# Business & Service Directory

to advertise, email: [servicedirectory@baxterbulletin.com](mailto:servicedirectory@baxterbulletin.com) or call: 877.925.0226

**Professional Service**  
all your needs...

**Doors & Windows**

**SCREEN SHOP**  
Repairs, Rescreen, Replace  
Windows, Doors, Porches, & Patios  
3519 West Rd., Mountain Home, AR  
870-430-5460

**Glass & Mirrors**

FOGGED WINDOWS Repaired.  
Call the Glass Man (870)492-4050

**Handyman Services**

**YOUR HANDYMAN PROFESSIONAL**  
Roofing - Deck - Staining - General  
Repairs | No job too large or too small!  
We do it all! Licensed & Insured.  
Oscar 870-404-1914

**HANCE FORESTRY MULCHING**

- FORESTRY MULCHING
- BRUSH MULCHING
- THINNING
- EXCAVATION / SITE PREP
- REMOVAL/PRUNING
- LOT CLEARING
- FREE ESTIMATES

**870-321-0045**  
LICENSED • BONDED • INSURED

**Miscellaneous**

**GFS LAWN MANAGEMENT**

**Leaf Removal  
Fall Weed Control**

Free Estimates  
No Contract Required  
**870-421-0059**

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WORLD'S GREATEST

Email your photo and tell us your news...  
[newsroom@baxterbulletin.com](mailto:newsroom@baxterbulletin.com)

**Miscellaneous**

**OUTSTANDING LOCATIONS!**  
1-bedroom, energy-efficient apartments for senior 62+. Quiet neighborhoods near Bull Shoals Lake, Norfolk Lake, and the White River. Central heat/air, appliances, water and trash paid. Rent based on income with preference to extremely-low-income applicants.  
BULL SHOALS 870/445-7191  
FLIPPIN 870/453-4214  
MOUNTAIN HOME 870/425-6433  
Managed by the Area Agency on Aging of Northwest Arkansas  
800/432-9721, TDD 870/741-1346  
Equal Opportunity Housing  
BB-GC10653136-01

**Painting**

**PROFESSIONAL PAINTING**, interior, exterior. References. Free estimates.  
David Crawford, 425-9764.

**Pressure Washing**

**POWER WASH.** Remove mold, mildew, dirt. Free estimates.  
David Crawford (870)425-9764.

**Professional**

HOME SUPPORT, Licensed. Bouncy or squeaky floors. Floor leveling, support beams, sticky doors, cracked walls.  
(870)404-6082. \$20 Estimates.

**Roofing & Siding**

**Bar FZ Roofing & Seamless Gutter**  
30 Years Experience  
Roof Repair, Gutter Installation,  
Power Washing Home & Property Service  
870-405-4898  
[www.barfzservices.com](http://www.barfzservices.com)

**Tree Service**

ADVANCED STUMP REMOVAL  
Since 1994. Free estimates.  
Call Kevin (870)425-2389

**AFFORDABLE STUMP & LAWN**

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Optional Chip Removal  
Free Estimates.  
Bryan 870-405-3058

**Tired of daytime TV?!**  
Check out our EMPLOYMENT section and get hired TODAY!!!

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**SAWED OFF TREE SERVICES LLC**

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- FULL REMOVAL • STUMP GRINDING
- LOW LIMBING & REMOVAL

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INS • BONDED • DISCOUNTS  
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ESTIMATES ARE FREE!  
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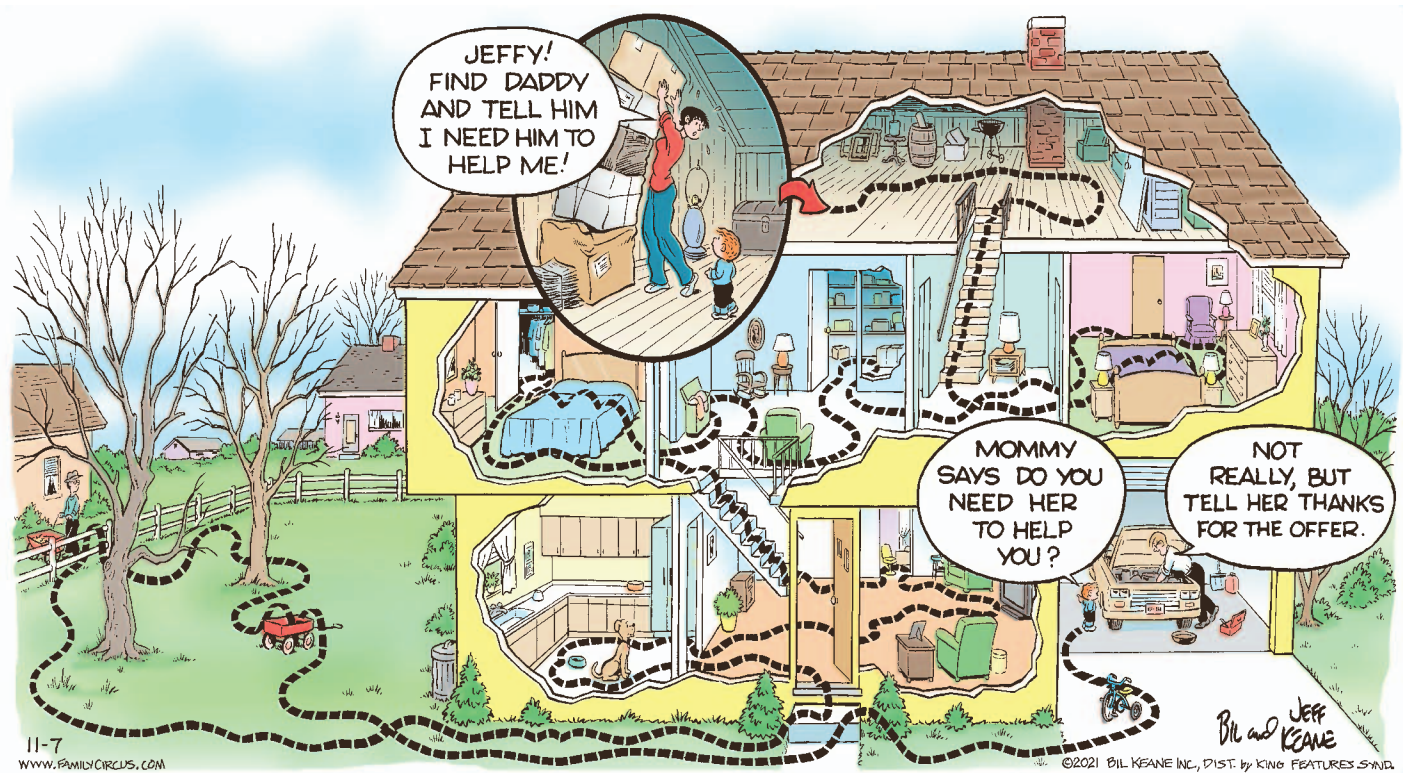
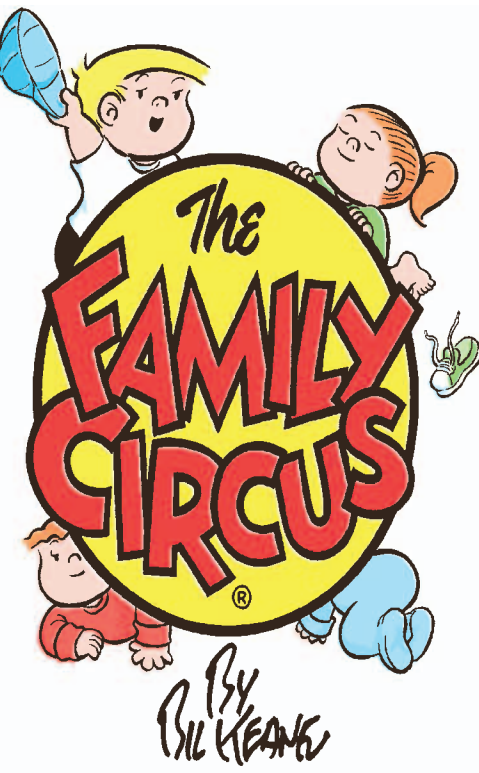
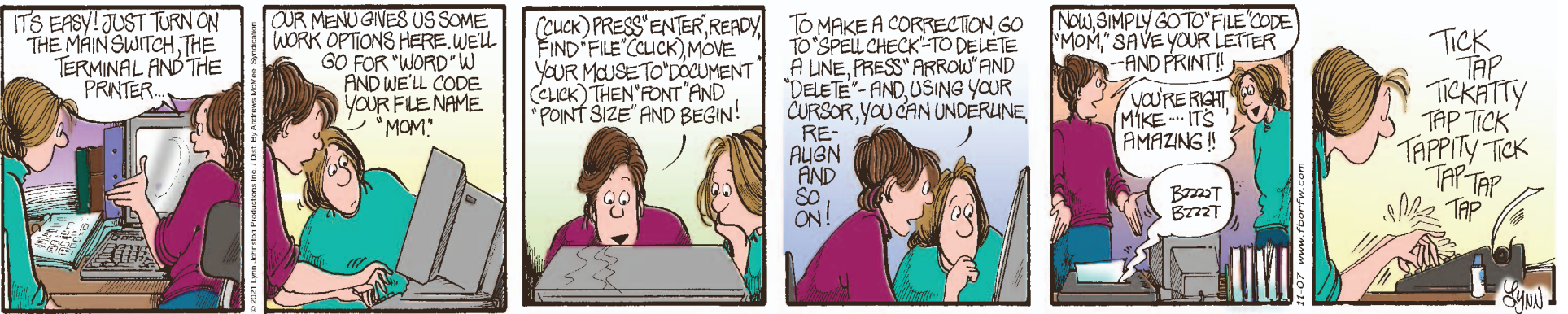
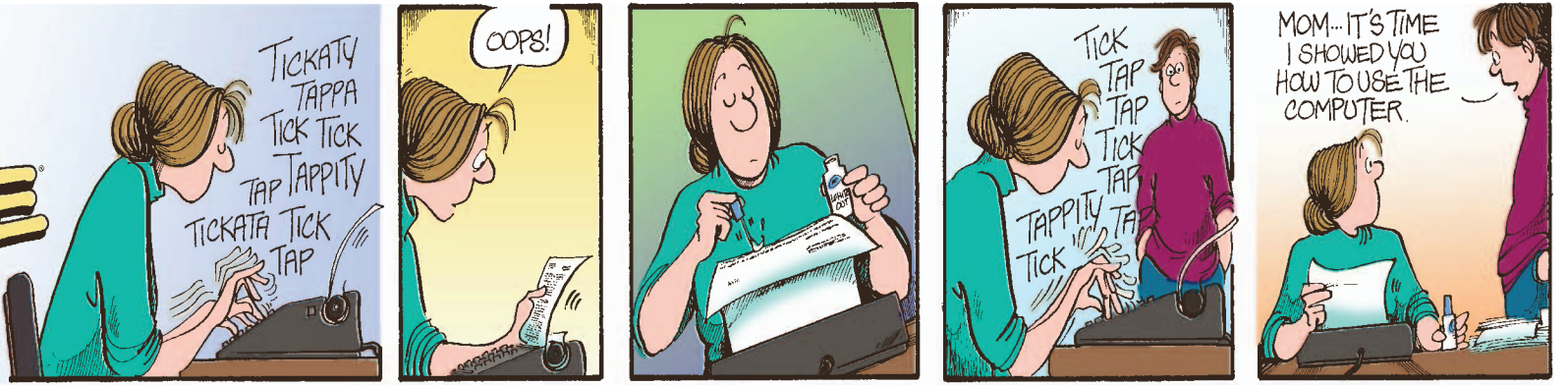
# Comics

THE BAXTER BULLETIN

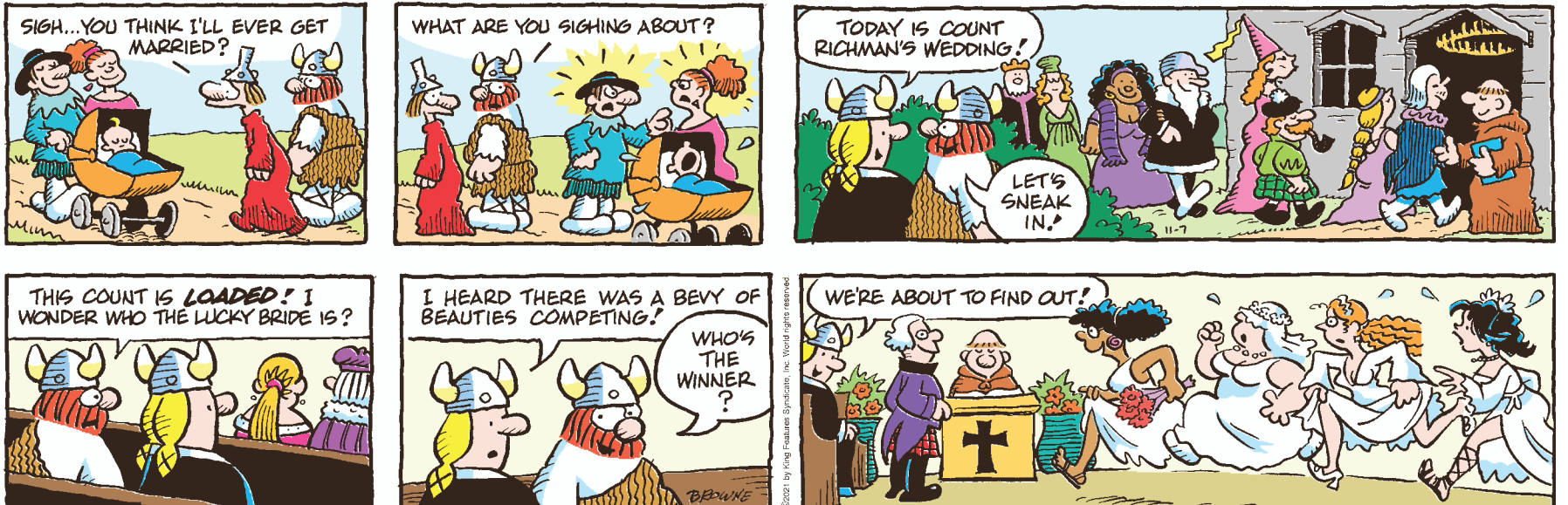
Saturday/Sunday  
November 6 / November 7, 2021  
baxterbulletin.com

## FOR BETTER OR FOR WORSE

By Lynn Johnston

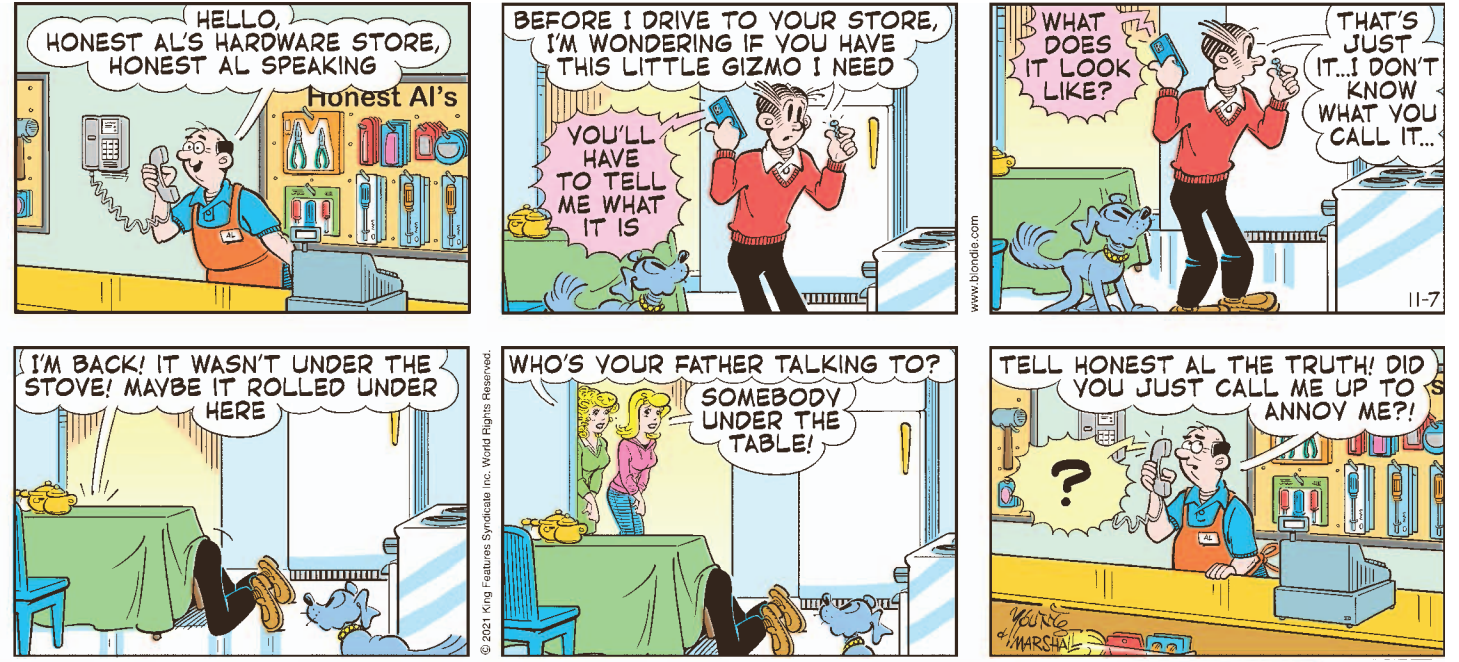


## HAGGAR



## BLONDIE

By DEAN YEAGER & JOHN MARSHALL



## Classic PEANUTS

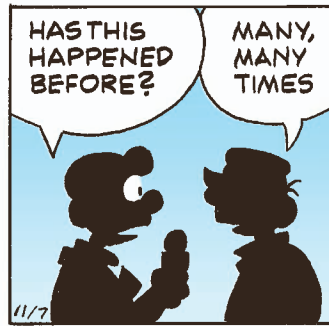
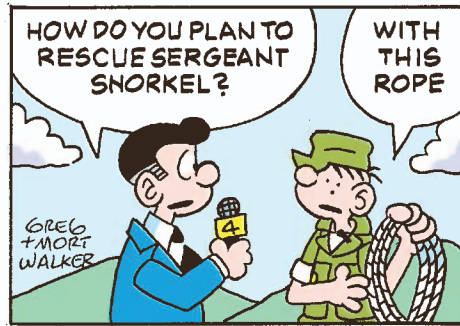
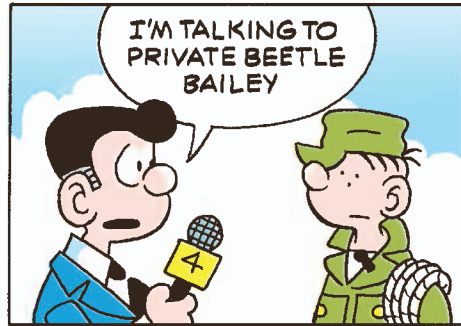
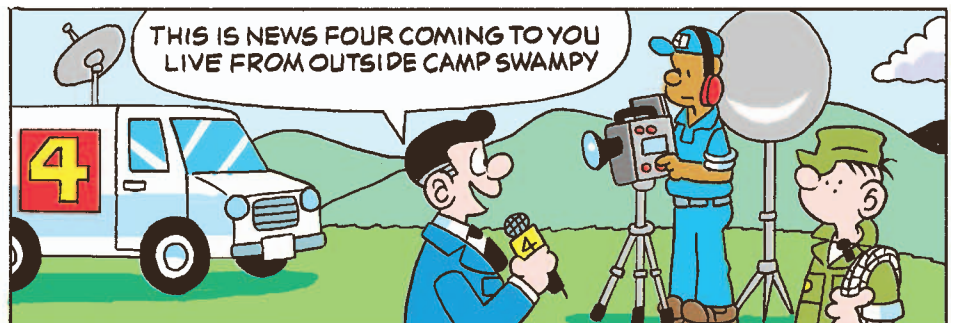
By Schulz

Featuring Charlie Brown





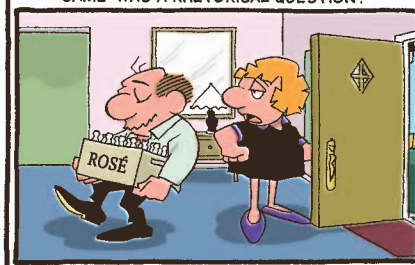
Mort Walker's  
**beetle bailey**



**THE LOCKHORNS**  
BY BUNNY HOEST AND JOHN REINER



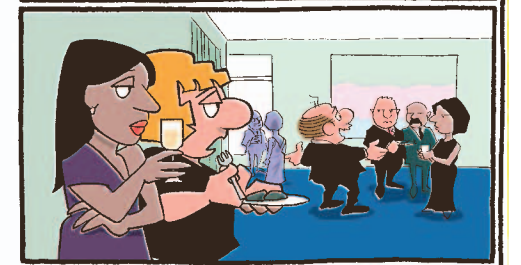
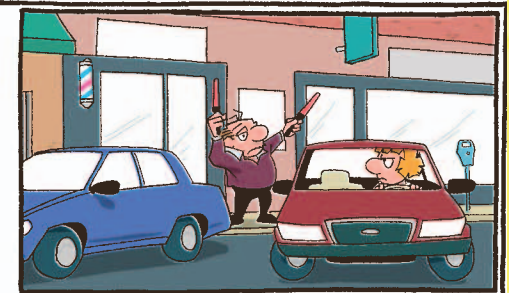
"YOU DO REALIZE THAT 'WHAT'S MORE IMPORTANT, PICKING UP MY MOTHER OR WATCHING THE JETS' GAME' WAS A RHETORICAL QUESTION?"



"SILLY ME ... I THOUGHT YOU WERE BRINGING ME A DOZEN ROSES."

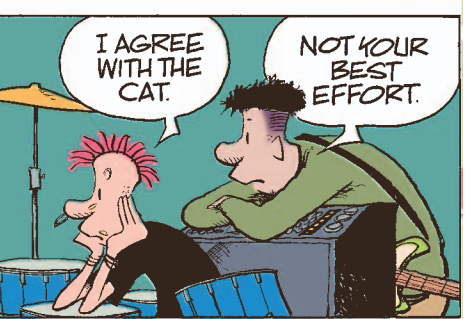
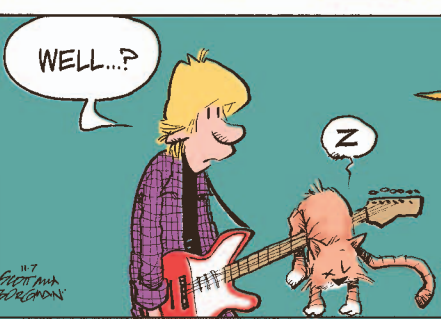
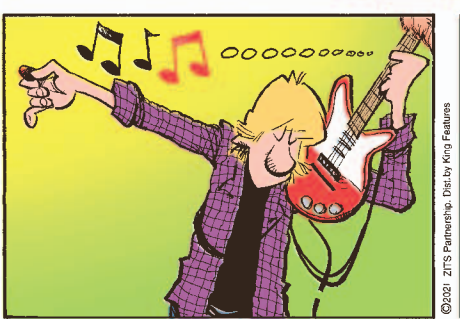
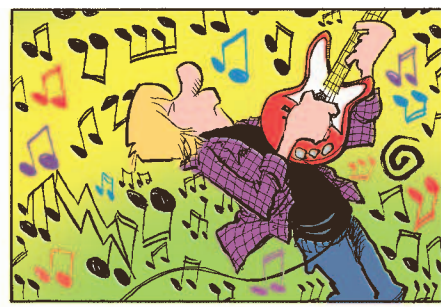
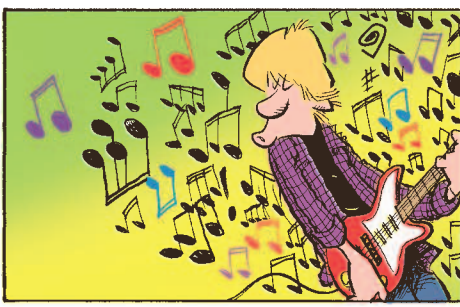


"THEY SAY SPACE IS EXPANDING, AND THAT INCLUDES LORETTA'S CLOSET SPACE."

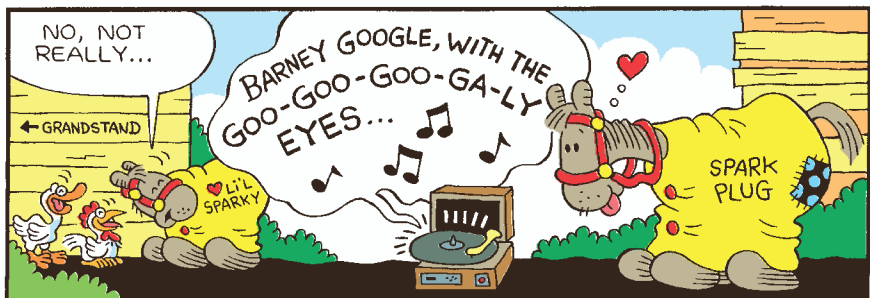
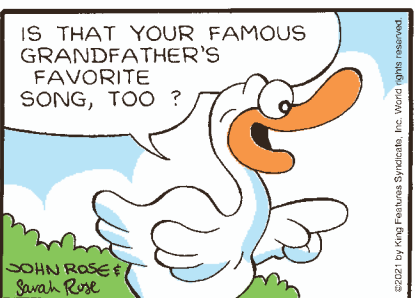
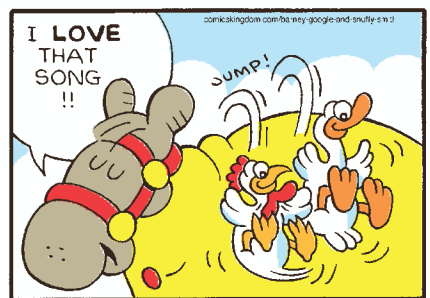
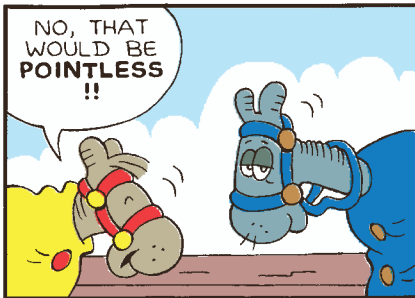
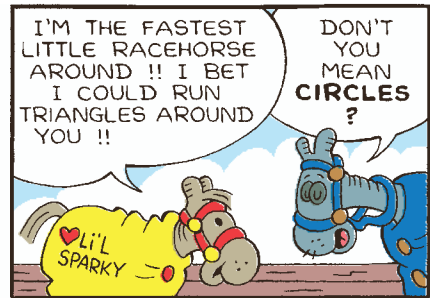


"SOME PEOPLE MAKE A LASTING IMPRESSION ... LEROY MAKES A LAST ONE."

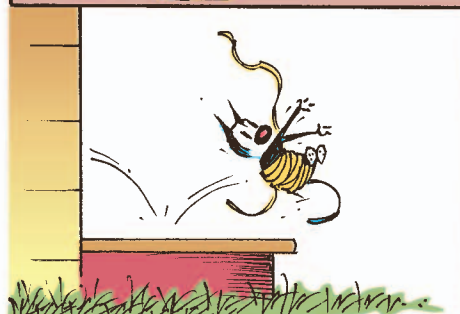
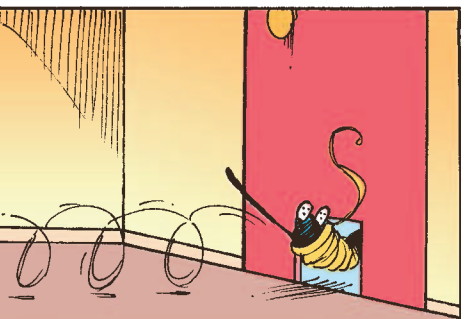
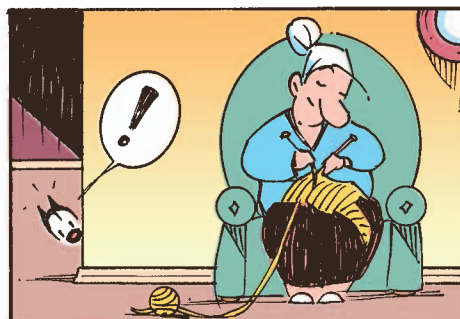
**ZITS**  
BY JERRY SCOTT and JIM BORGMAN



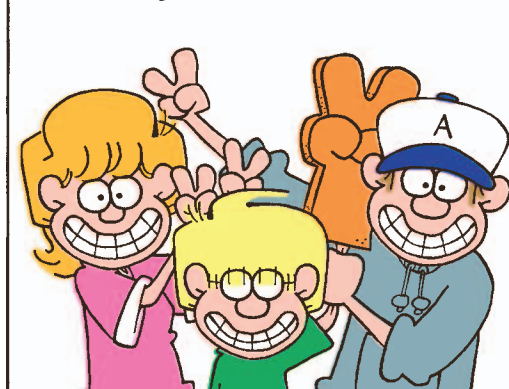
BARNEY GOOGLE and  
**SNUFFYTH**  
BY JOHN ROSE



**MUTTS**



**FoxTrot**  
by Bill Amend

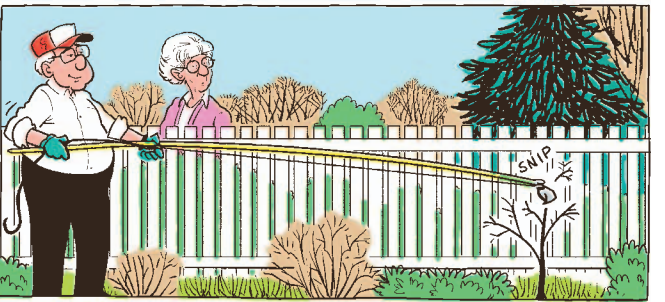
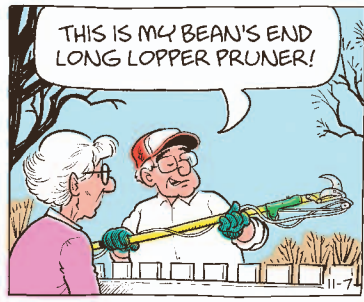
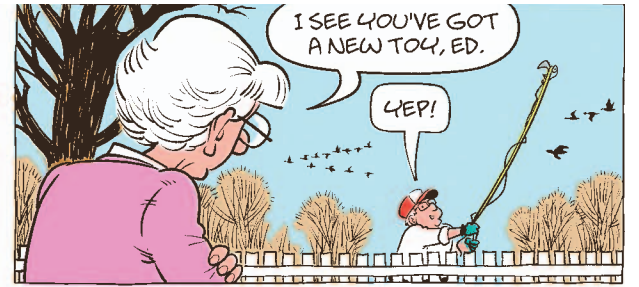






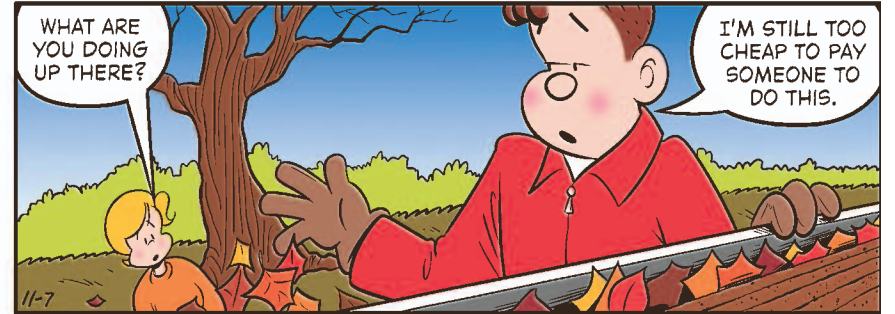
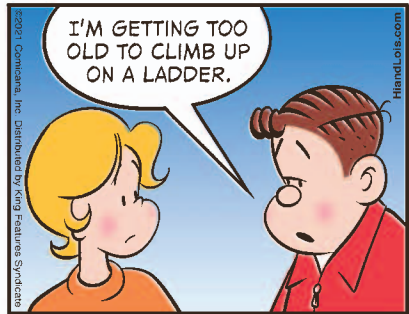
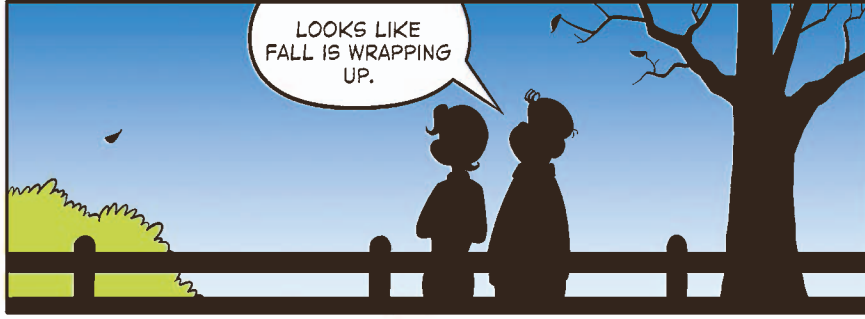
# CRANKSHAFT

BEAN'S END BY BATIUK & DAVIS



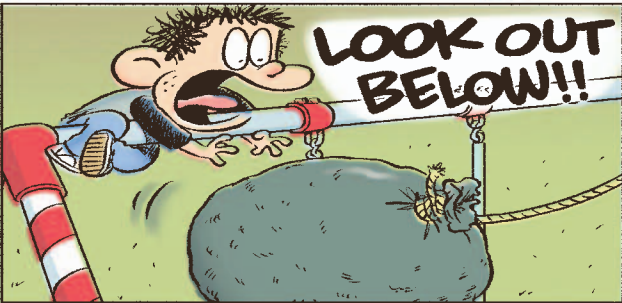
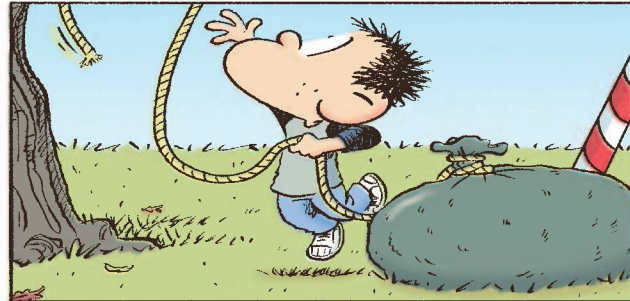
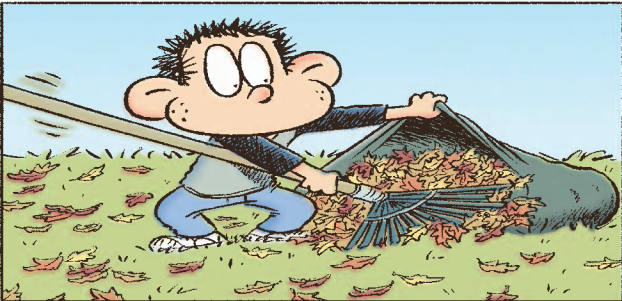
# Hi and Lois

by BRIAN and GREG WALKER



## BABY BLUES

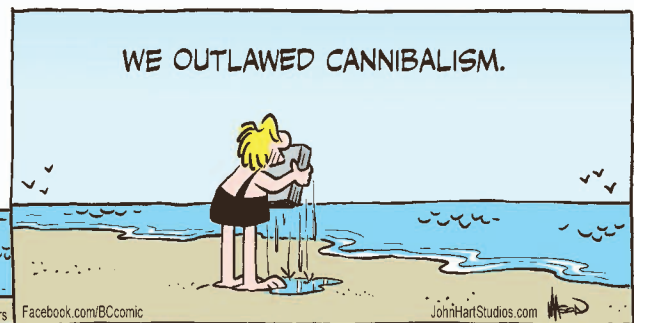
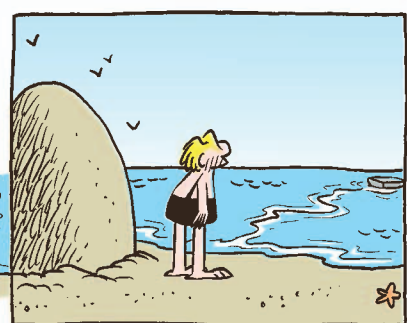
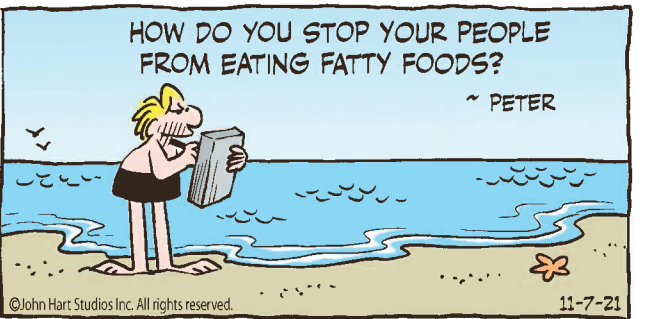
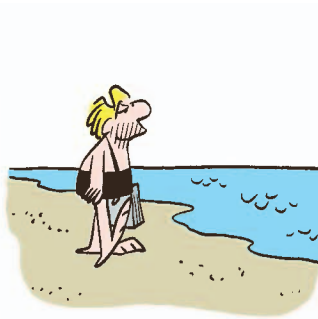
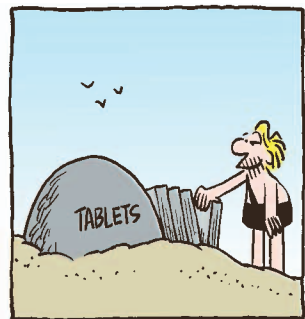
## BY RICK KIRKMAN & JERRY SCOTT



# GARFIELD

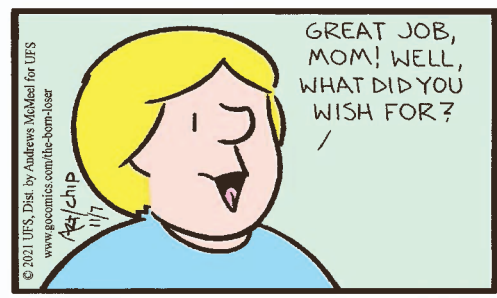
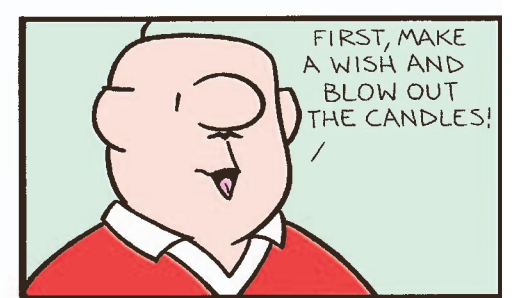
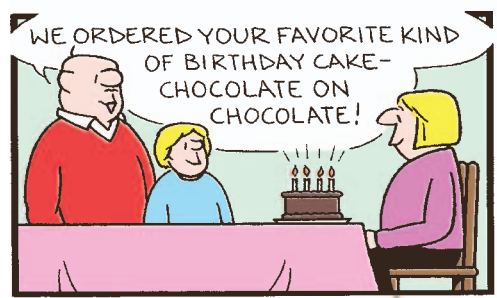


# BY MASTROIANNI AND HART



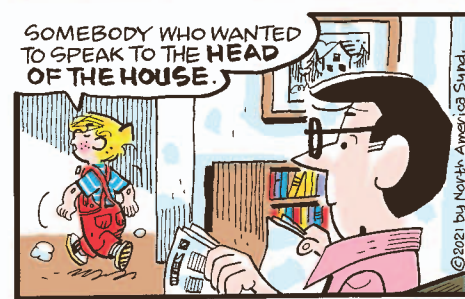
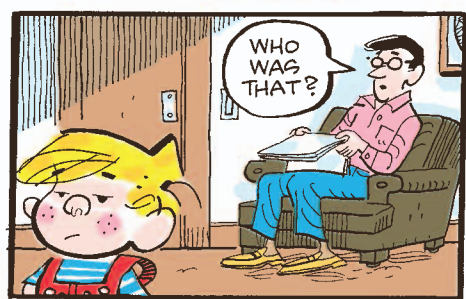
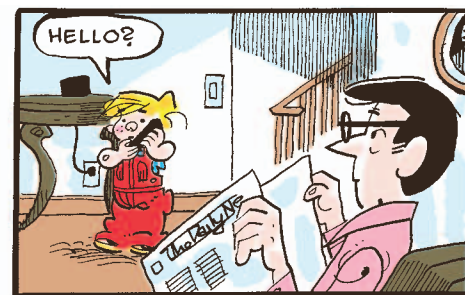
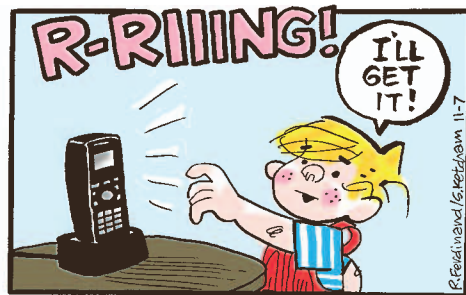
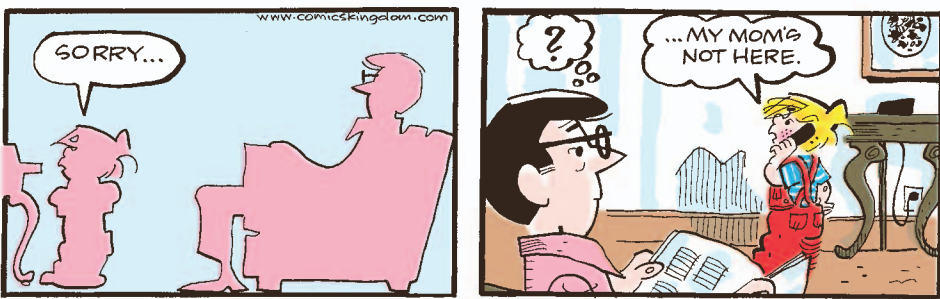
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by Art & Chip Sansom





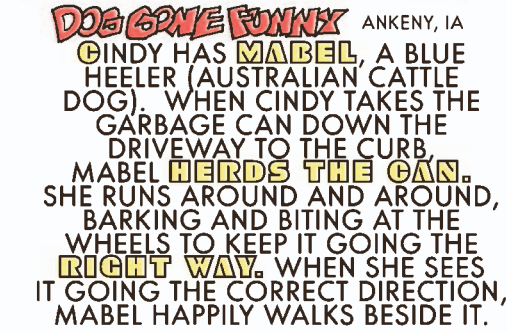
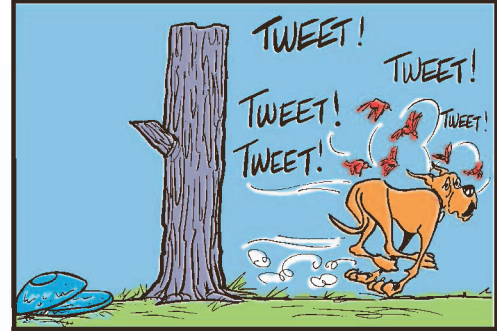
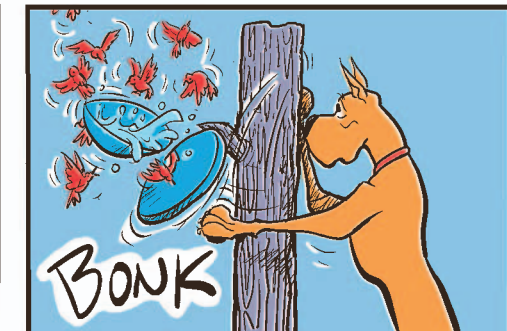
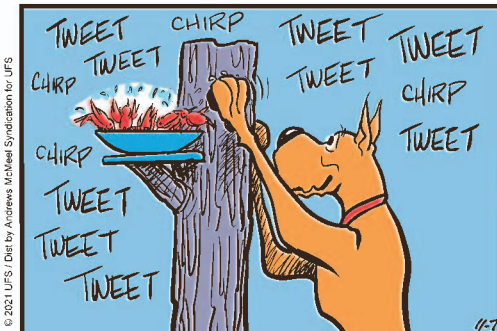
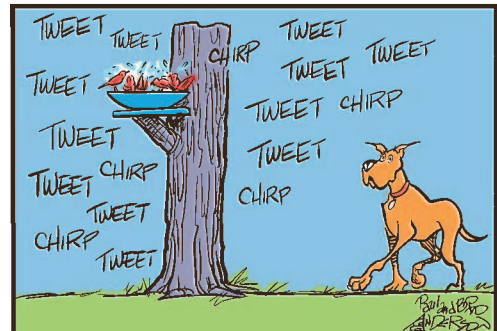
Mark Ketchum's **Dennis the Menace**  
**The Apprentice**



**CLOSE TO HOME**  
 BY JOHN MCPHERSON

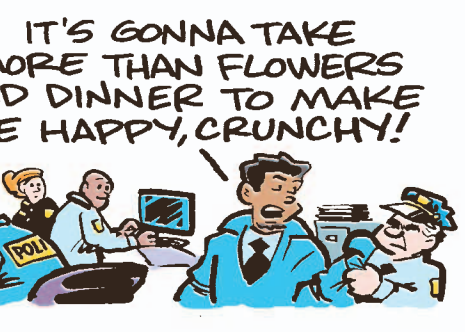
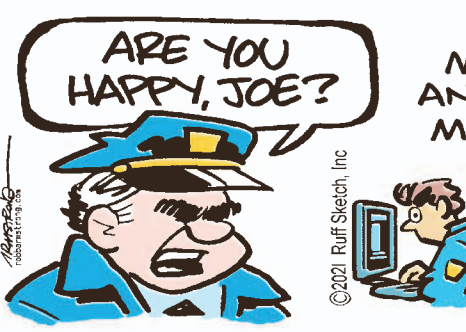
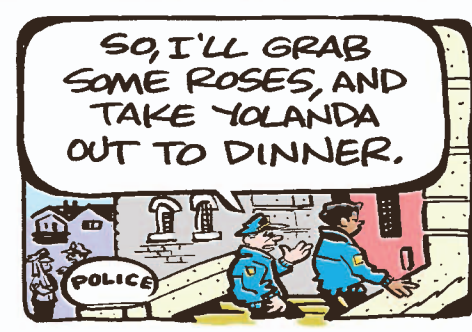
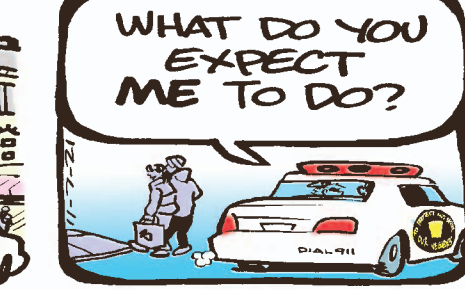
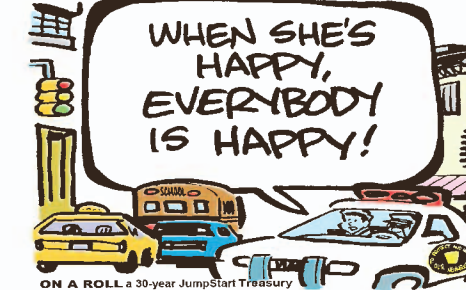


**Marmaduke**  
 by Brad Anderson



**DOG GONE FUNNY** ANKENY, IA  
 CINDY HAS MABEL, A BLUE HEELER (AUSTRALIAN CATTLE DOG). WHEN CINDY TAKES THE GARBAGE CAN DOWN THE DRIVEWAY TO THE CURB, MABEL HERDS THE CAN. SHE RUNS AROUND AND AROUND, BARKING AND BITING AT THE WHEELS TO KEEP IT GOING THE RIGHT WAY. WHEN SHE SEES IT GOING THE CORRECT DIRECTION, MABEL HAPPILY WALKS BESIDE IT.

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on growing up in  
a military family

*"I'm proud to be  
an Army brat"*





# Personality Parade

WALTER SCOTT ASKS...

## MORGAN FREEMAN

The Oscar-winning *Shawshank Redemption* star, 84, hosts *Great Escapes With Morgan Freeman* (Nov. 9 on History), a new documentary series about famous jailbreaks from the world's most notorious prisons.

**Excluding the one in *The Shawshank Redemption*, which prison escape is the most memorable?** I would think the one that's the subject of [the 1963 film] *The Great Escape*, about U.S. airmen tunneling out of that stalag from the Nazis. That was incredible. Most of them didn't get away; they were shot. Some got out through incredible amounts of security with clothes, locations, working papers.

**Why do we love stories about prison escapes?** The fascination is, how are they going to pull it off? I've got to see how this is going to happen. It's something about human nature. You lock us up, we're going to try to figure out how to beat this. Think of [drug kingpin] El Chapo: [Tunnel masterminds] dug a tunnel into the prison to a pinpoint location so he could squeeze through and walk out.

**All the documentaries you narrate—like *The Story of God*, *The Story of Us*, *March of the Penguins* and *Through the Wormhole*—are they a learning experience for you?** Yes.

I've always been a learner, a reader, an asker of questions. I don't know if I'm trying to pass on any specific knowledge with this one; it's just a seat-of-your-pants thriller escape series. But it's interesting to see to what lengths people will go to figure things out.

**Which of your film performances is the most memorable to you?**

Playing the president of South Africa, Nelson Mandela [*Invictus*, 2009].

Personally, that was one of those moments when you're able to channel a character pretty well, and I was working with one of my favorite actor-directors, Clint Eastwood. He did a really good job on it.

What does he think happened to the three men who escaped from Alcatraz? Go to [Parade.com/freeman](http://Parade.com/freeman) to find out.

## ALL ABOUT KEVIN

As the hit drama *Yellowstone* returns for its fourth season (Nov. 7 on Paramount), we'll find out what happens to John Dutton (**Kevin Costner**), the cattle-ranching baron who was shot and left fighting for his life in the season three finale. Here are five fun facts about the Oscar-winning actor, 66, who does his own horseback riding in all of his Westerns.

- Costner was only 5 feet 2 inches when he graduated high school, almost a foot shy of his adult height of 6 feet 1 inch.

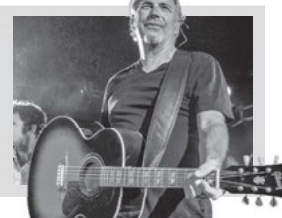
His favorite Western star—and the one he says most influenced his work—was **James Stewart**.

- He worked as a skipper on the Jungle Cruise ride at Disneyland before his acting career took off.

He won a Best Director Oscar for *Dances With Wolves* (1990), his directorial debut.

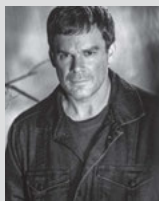
- The lead role in *Air Force One* (1997) was written for him, but he was still filming *The Postman* and suggested Harrison Ford for the role of the U.S. president.

He makes music as the lead singer of the country-rock band **Kevin Costner & the Modern West**.



## DEXTER RETURNS

One of TV's most watchable serial killers is back in *Dexter: New Blood* (Nov. 7 on Showtime). The sequel finds **Michael C. Hall**, 50, reprising his blood-spattering ways as Dexter Morgan relocates to a new town and hides his identity under an assumed name. But he's bringing along some heavy baggage and a dark past, including his deceased sister, Debra (Jennifer Carpenter), who tags along as his conscience and adviser. "Not to be an angel or devil on his shoulder," says Carpenter, 41, "but to jerk the wheel left or right against Dexter's will. I think Mike is one of the greatest actors I've ever worked with."



## SEEING 'RED'

Worlds collide in *Red Notice* as the stars align for a globe-trotting new action comedy (Nov. 12 on Netflix). There's *Wonder Woman*'s **Gal Gadot**, 36, as the world's most wanted art thief. **Dwayne Johnson** (whose blockbusters include *Jungle Cruise*, *Jumanji: Welcome to the Jungle* and the *Fast & Furious* franchise), 49, is the FBI agent assigned to bring her in when an international "red notice" global alert is issued for her arrest. *Deadpool* and *Free Guy* star **Ryan Reynolds**, 44, plays a rival criminal who gets in on the fun. "It's the biggest movie Netflix has ever produced," says co-producer Hiram Garcia. "Gal, Ryan and D.J. have such amazing chemistry."







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# Parade Picks

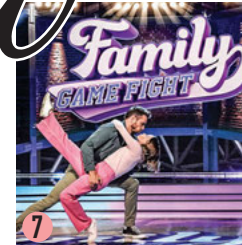
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# GAME SHOWS

## Then & Now

“Anybody can be a winner, anybody can be rich, anybody can achieve fame.” That’s how *Jeopardy!* host Alex Trebek explained game-show popularity to *Parade* in 2019. Trebek may be gone, but fans’ passion for game shows endures. Here are some favorite oldies and current shows where you can “name that tune,” “buy a vowel” and so much more. —*Megan O’Neill Melle*



1 Celebrity panelists on the long-running CBS hit *What’s My Line?* (1950–67) tried to figure out the occupations of everyday people through a series of yes or no Qs. “Mystery guests” included such showbiz greats as Julie Andrews and Alfred Hitchcock. Stream on Amazon Prime

2 **Vanna White** and **Pat Sajak** have been inviting contestants to spin the wheel since 1983 and now welcome stars to solve puzzles to win money for charity on *Celebrity Wheel of Fortune*. Watch Sundays at 8 p.m. ET on ABC or stream on [abc.com](https://www.abc.com) or Hulu

3 The original *To Tell the Truth* began in 1956 on CBS and featured a celeb panel that guessed which of the three contestants were imposters and which one was the real deal. Most recently, *Black-ish* star **Anthony Anderson** and his mother, Mama Doris, host its ABC revival. Watch original episodes on YouTube; watch the reboot Sundays at 10 p.m. ET on ABC or stream on [abc.com](https://www.abc.com) or Hulu

4 Here’s your clue: It has more Emmys (39) than any other game show. Answer: “What is *Jeopardy!*?” The show has run from 1964 to 1975 and 1984 to the present (with host **Trek** until his death

in 2020). Today’s version with Mayim Bialak as host is going strong, and last month, Yale Ph.D. student Matt Amodio made history with the second-longest *Jeopardy!* winning streak (38 games) and the third-largest nontournament cash haul: \$1,518,601. Watch daily on your local station

5 Comedian and *Supermarket Sweep* superfan **Leslie Jones** is now hosting the show, which first aired in 1965. Teams today are vying for more dough (\$100,000) but still answering grocery-related questions that’ll earn them money before a timed shopping spree. Watch Sundays at 9 p.m. ET on ABC

6 On the original ABC matchmaking show, *The Dating Game* (1965–74), a bachelorette or bachelor chose a date from three eligible contestants she or he couldn’t see. Future stars Tom Selleck, Farrah Fawcett and Jim Carrey all played the game. It’s been reincarnated as *The Celebrity Dating Game*, hosted by Zoey Deschanel and Michael Bolton. Watch Mondays at 10 p.m. ET on ABC or stream on [abc.com](https://www.abc.com) or Hulu

7 Inspired by **Dax Shepard** and **Kristin Bell**’s competitive antics on *The Ellen DeGeneres Show*, new NBC competition series *Family Game Fight* pits the couple against each other when two

families “adopt” the celebs and attempt to win \$100,000. Watch Wednesdays at 9 p.m. ET on NBC or stream on [nbc.com](https://www.nbc.com) or Peacock

8 Today’s *Don’t Forget the Lyrics!* and *The Singing Bee* can thank **Name That Tune** for their famous formats of offering contestants just a few notes to figure out a song. What began on NBC Radio in 1952 has seen many iterations, including Fox’s most recent revamp of the show with **Jane Krakowski** and Randy Jackson. Stream on [fox.com](https://www.fox.com) or Hulu

continued on page 6

**PICKS** *plus*

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- Are your nails brittle?
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- Are you looking for more hair volume and shine?



### TESTIMONIAL

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I have DEFINITELY noticed an improvement in my hair volume and appearance. It was in my Christmas list and my mom was intrigued so she got it for herself, too. She wears her hair very short, and she said she saw improvements within a month.

- Web Review

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\*Evaluation of a functional food on the quality of the hairs on a panel of volunteers\*, Study 15E3405, Longjumeau, France. 12.Oct.2018



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# Picks from page 4

## We Salute VETERANS

A big Parade thank-you to all of the veterans, past and present, who've served so bravely. Visit [Parade.com/deals](http://Parade.com/deals) for 100+ discounts and freebies for vets on Veterans Day, Nov. 11. And see below and check out [Parade.com/vets](http://Parade.com/vets) for some surprising celebs who served.



A member of the U.S. Army, **ELVIS PRESLEY** was stationed in Germany when he met his future wife, Priscilla, the stepdaughter of a U.S. Air Force officer.

*The Golden Girls'* **BEA ARTHUR** was a truck driver and typist for the U.S. Marine Corps Women's Reserve.

*Walker, Texas Ranger* star **CHUCK NORRIS** served as a member of the Air Force in South Korea, where he was inspired by the locals to practice martial arts.

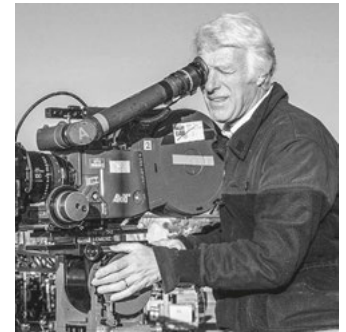
Before becoming an acclaimed filmmaker, **MEL BROOKS** defused landmines during World War II as a combat engineer and participated in the Battle of the Bulge.

**ALAN ALDA's** time in charge of a mess tent in the Army Reserve may have helped his portrayal of Hawkeye Pierce on TV's *M\*A\*S\*H*.

## Books We Love

# A CINEMATOGRAPHER'S DREAM

There's a reason **Roger Deakins**, a man who has been staring through a camera for five decades, waited until he was 72 to publish his first book of photography: He's been, you know, busy.



Busy working as the sought-after cinematographer on beloved films like *The Shawshank Redemption*, *Fargo*, *Unbroken* and *Sky-fall*, not to mention *Blade Runner 2049* and *1917*, each of which earned him an Oscar.

continued on page 8



# Texas Grandmother with Leg and Feet Problems Goes from Near Cripple to Walking Her Dog Daily

*You don't have to suffer anymore. Doctors never tell you about these 7 natural herbs, yet millions of people in China have used them for relief of leg and feet problems for 3,000 years. In fact, they are guaranteed to relieve your problems and provide soothing comfort - or you pay nothing.*

Mary Lentz of Plano, Texas suffered for over twenty years from leg and feet problems. Doctors prescribed one prescription drug after another. Then electrical stimulation. Then surgery. But after all these treatments – her legs and feet actually felt worse.

Mary was fed up with suffering. She took matters into her own hands. At wit's end, she discovered the best herbs for natural relief. She took them, and within just days, her leg and feet problems began to disappear. Now she walks her Golden Retriever Max every day (which she couldn't do before), works in her garden and regularly plays tennis with friends.

"If I kept listening to my doctors, I'd be a cripple today. I'd be in a wheelchair or in a nursing home. I am so thankful for these remarkable herbs."

Leg and feet problems could have been almost like a death sentence for Mary – and a shame for her suffering family. It is a terrible way to live out what should be the best year of your life.

Neuropathy is like a wildfire. It starts with a small flame, but then quickly turns into a raging fire in your feet that never stops. Left alone or treated in a way that doesn't work, it can lead to constant suffering – or even one of the 86,000 Americans who need a limb amputated each year according to the National Institutes of Health.

## At Last – You Don't Have To Suffer Anymore

Here's why you have these problems: Your ar-



*"I had so much pain from burning nerves in my feet I could barely move...but this makes it calm down so I can walk and sleep. I really love this stuff. Other pills didn't work. It stops the nerves from hurting so bad. It is amazing. NeuroFlo lets me move and sleep pain-free. It is wonderful."*  
- Katerina King-McCausland, Murrieta, CA

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teries have weakened. Your arteries can't carry enough blood, nutrients and oxygen down to your legs and feet. This damages your nerves and causes your burning, tingling and numbness.

The 7 herbs in the pill NeuroFlo strengthen your arteries that carry blood, nutrients and oxygen to your feet and legs. It improves your circulation so oxygenated blood goes to the nerves and repairs them. This makes your nerves grow stronger so your pain fades away and your legs and feet feel much younger again.

Until now, scientists could not combine all these herbs into one pill without losing their full potency, but finally, they have succeeded.

Dr. Ryan Shelton, M.D. says "This is new and different. It works for people who've tried many other things before. It is natural with no side effects. Don't give up hope for your leg and feet pain, burning, tingling and numbing. This pill is working for countless people after other treatments have failed them." From word-of-mouth, over 30,000 doses of this Chinese miracle have already been sold in America.

Instead of letting their doctors control their health with no real relief, people are taking this natural approach. They are staying active and independent as they age – and creating a bright future they are excited about, instead of fearing. Now you too can enjoy your best years yet.

## Conventional Treatments All Wrong

In America, drugs and other OTC formulas try to superficially suppress the symptoms. This may be going after the problem completely wrong. Traditional Chinese Medicine (TCM) believes nerve problems are largely caused by stagnant blood circulation. This causes your legs and feet NOT to get enough oxygen-rich, nutrient-rich blood they need to heal. The ingredients in NeuroFlo get this crucial blood flowing to your legs and feet like a fast-running river stream so they can feel better fast.

Want proof? To show how important oxygenated blood flow is, hold your breath. Hold it too long and you'll pass out. This is what's happening to your feet and legs now -- they are not getting the oxygenated blood flow they need to feel healthy.

Now you can get a good night's sleep - peaceful,



*Chinese herbs provide fast relief of leg and feet tingling, burning and numbness. They do this by improving the flow of blood, nutrients and oxygen to your legs and feet to repair damaged nerves.*

restful sleep – with no pain, tingling, zinging, itching or zapping. Improve your balance and coordination. No side effects – safe to take with other medications. Enjoy your favorite activities and hobbies again. Be more active, have more fun, enjoy life more. Don't risk irreversible damage to your feet and hands. Don't get worse and wind up in the hospital or a nursing home.

Neuroflo is GUARANTEED to work great for you – or you PAY NOTHING with a 90-day unconditional money-back guarantee. It is NOT sold in stores or online. No prescription or doctor visit is required.

## 50% OFF FOR THE NEXT 10 DAYS

This is the official release of Neuroflo in the state. Therefore, everyone who calls within the next 10 days will receive 50% OFF their first order. A toll-free hotline number has been set up for local readers to call for this 50% OFF savings. The number will be open starting at 7:00 am Sunday, November 7<sup>th</sup> and only for the next 10 days.

All you have to do is CALL TOLL-FREE 1-888-245-4526 and provide the operator with the special 50% OFF discount approval code: **NEF158**.

Important: Due to Neuroflo's popularity and recent media exposure on ABC, CBS and FOX NEWS, phone lines are often busy. If you call and do not get through immediately, please be patient and call back. Those who miss the 10 day deadline for 50% OFF will have to pay more for Neuroflo.



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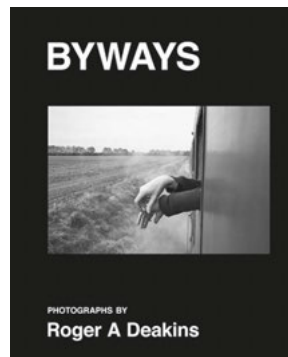
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from page 6

As it turns out, long before his camera was focused on the likes of Daniel Craig and Frances McDormand, Deakins spent time as a local photographer in the southwest of England. The DNA of his new book, *Byways* (Damiani, \$55), tilts to those humble beginnings with 157 black-and-



white pictures, including those of kids mesmerized by carnival lights and a fleet-footed farmer chasing his sheep. "I like to observe," he says, "to exercise my eye."

As a cinematographer, "I'm working to a script as it is envisioned by a director and in collaboration with dozens of other crew members," Deakins tells *Parade*. "But my still photographs are far more personal." And *Byways*, flecked with humor and loneliness, is personal and nostalgic. The man nominated for 15 Oscars wrote in the book's introduction about his early days, "My dream was that I might find a career as a photographer."

—Bill Shapiro

Available in bookstores and online



## Ask Marilyn

By Marilyn vos Savant

The rest of the world uses kilometers; we use miles. They use meters; we use yards. Why don't we stop using Fahrenheit and convert to Celsius?

—Juan Perez, Dayton, Ohio

Because Fahrenheit is so useful for everyday life. It wasn't designed for that purpose, but on a human comfort scale of 1 to 100, it makes sense intuitively. We know 0°F is extremely cold for us and 100°F is extremely hot. And between those poles, Fahrenheit has 100 gradations for better description. But Celsius? That same "extremely cold" is about -18°C, and "extremely hot" is about 38°C. Familiarity with the range doesn't help in a meaningful way. I vote for Celsius to stay in the sciences, where it makes more sense.



Send questions to [marilyn@parade.com](mailto:marilyn@parade.com)

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9				73
7				75
5	3	17	23	77

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# How a Safe Step Walk-In Tub can change your life

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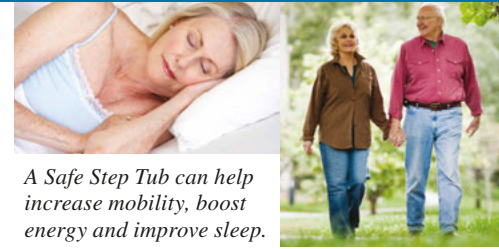
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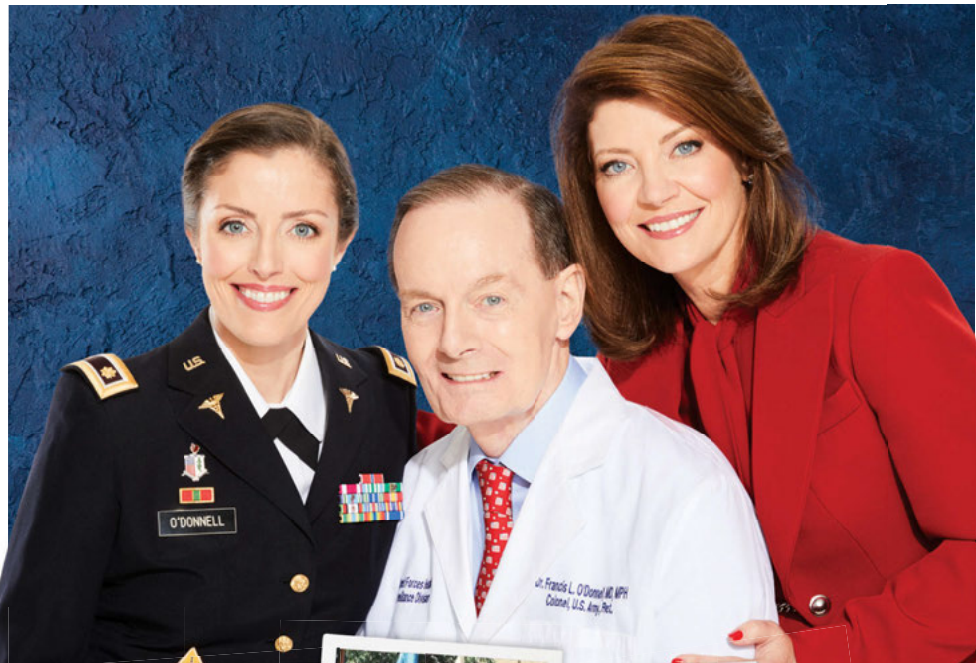
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THE O'DONNELL  
FAMILY  
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to  
**SERVE**

NORAH, MARY AND DAD  
FRANCIS TALK ABOUT LIFE  
AND LESSONS LEARNED  
IN THE MILITARY.

★  
BY KATHLEEN McCLEARY  
COVER AND OPENING PHOTOGRAPHY  
BY PERRY HAGOPIAN



Ask Norah O'Donnell and her sister, Mary, about being “Army brats” and they both light up. “I *always* describe myself as an ‘Army brat,’” the CBS news anchor says, turning to look at her sister, who’s wedged next to her on a love seat in the sunny office space of the Washington, D.C., home Norah shares with her husband, Geoff Tracy, and their kids, Henry and Grace (both 14) and Riley (13).

Mary nods. “It’s used affectionately. If you meet someone and say, ‘I’m an Army brat,’ or ‘I’m an Air Force brat,’ now you’re all on the same page.”

Growing up in a military family is as

essential to Norah O'Donnell's identity as her Irish heritage and her devotion to journalism. Her father, retired Lt. Col. Francis O'Donnell (who sits on Norah's other side), worked as a preventive and public health physician in the Army for 30 years. Mary graduated from the Army's medical school in 2010 and is chief of colon and rectal surgery at Walter Reed National Military Medical Center in Bethesda, Md. Mary and brother Matt were born on military bases. Norah was born at Walter Reed Army Medical Center (eldest brother Frank was born in New York City before their father joined the Army), and as a child she lived on bases in Germany and South Korea.

Above, from left: Francis O'Donnell, M.D., served in Germany from 1974 to 1977; children Matt, Frank and Norah with parents in Fort Sam Houston, Texas, in 1978; Norah's 1988 freshman high school photo; Francis retired in 2002 after 30 years in the U.S. Army; he was promoted to lieutenant colonel in 1978; family gathered when Mary graduated from medical school in 2010.

“I wouldn't have become a journalist had I not grown up in a military family,” says Norah, who has covered the Pentagon, Congress, the White House and six presidential elections in a career that's spanned jobs at NBC and CBS (where she co-anchored *CBS This Morning* before

NORAH'S NECKLACE BY JENNIFER FISHER; ON SET STYLING PASCAL LEMAIRE/THE ARTIST AGENCY; MAKEUP BY AILY CASTILLO; HAIR BY MAURICELITTLETON



moving to anchor the *Evening News* in 2019). Growing up in the military “taught me a lot about flexibility and adaptability and being exposed to the world.” It also, she says, instilled the values that define her life—hard work, flexibility, humility, community and public service.

Norah, 47, and Mary, 37, could easily have grown up in civilian life. Their father, 78, joined the military by chance; he was finishing medical training in New York City when the Army drafted him. (“Basically, if you were a doctor and you weren’t missing a leg you were going to get drafted,” Francis says, as his daughters laugh). Over the next two decades, he and his wife (also named Norah) moved their growing family to D.C.; Landstuhl, Germany; San Antonio; and Seoul, South Korea. From 1990 to 1991, he was deployed without his family to Saudi Arabia as part of Operation Desert Storm, a time Norah recalls as “the hardest part of growing up as a child in the military.”

“I remember how hard it was on my mother,” she says. “She had four kids at home as a single mom. She did everything from paying the bills to taking care of the house to taking care of the kids. That’s why I never had a pet,” she adds, laughing, “because mom said she couldn’t handle taking care of *one more thing*.” Her father’s yearlong absence gave her a “deep appreciation” for the sacrifices military families go through.

“There’s a comfort in being able to stay in the same house and have the same friend group and go to a 9-to-5 job,” she says. “To have life be predictable. There is *nothing*

## HOLDING YOUR COMMUNITY ACCOUNTABLE

The most difficult story she’s ever covered, Norah O’Donnell says, is the reporting she’s done on sexual assault in the military, first a 2017 investigation on sexual assault at the U.S. Air Force Academy, and most recently an 18-month-long probe into the increase in reports of abuse. In both investigations, O’Donnell and a team of reporters and producers interviewed survivors, whistleblowers and the families of soldiers who committed suicide.



“They are the most wrenching interviews,” O’Donnell says. While it’s hard to focus a lens on ugliness that exists in an institution she loves and respects, she says “it does need to abide by certain rules. There isn’t anything wrong with the military; it’s what certain individuals in the military are doing and not being held accountable.”

Her background as an Army brat helped her establish an instant rapport with many of the people she interviewed. “I can understand what they may be going through in the military community, and I’m going to treat their story with respect.” Victims who are living on a military base in a foreign country, for example, may not even know where to go to report abuse; O’Donnell knows firsthand “how isolating it can be to live on a military base.”

Changes are underway. In July, Secretary of Defense Lloyd Austin agreed with recommendations made by an independent review commission to make sure independent prosecutors, not military commanders, handle sexual assault charges in the military.

O’Donnell felt confident as she was doing the reporting that the military would respond one day. “By nature most of the people who serve in the military are very good people and they want to do the right thing.”



Left: Francis, Norah, Mary and mother Norah in 2021; above: the O’Donnell family in 1978 in San Antonio

predictable about being in the military, and that puts a lot of stress on families.”

But that same unpredictability is part of the appeal, at least for those who serve, says Norah’s father. “I liked the idea of moving on and trying something new in my career every few years,” he says. “If I had never been in the Army I might have been in private practice somewhere, probably in the same location for the last 45 years. That sounds kind of dull.”

He also couldn’t have done it, he points out, were it not for his wife. “She seemed to roll with every punch. She succeeded with what she did with the kids in every location we were in; she made the most of wherever we were.”

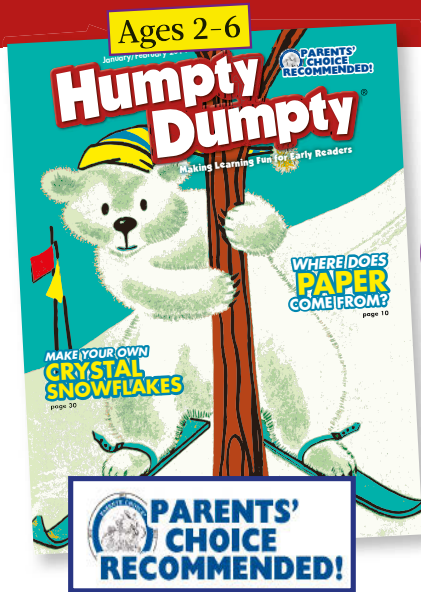
“I’ve asked her how she did that,” Mary says. “She said, ‘Bloom where you’re planted. That’s it.’” So that’s what the kids and their mother did, even when it was hard. Moving is part of life as a military kid, Mary says, “and it builds this resilience and extroversion—even if you’re an introvert, you’re forced to make new friends.”

*continued on page 12*



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## A FAMILY AFFAIR

What all three O'Donnells mention repeatedly—the thing that really characterizes life in the military—is being part of a community, a “family” that includes thousands.

“My parents are friends to this day with the people they were stationed with even for a short period of time,” Norah says.



Yongsan Garrison, Seoul, South Korea, in 1984, the year Mary was born

Mary chose to go to a military medical school (Uniformed Services University of the Health Sciences in Bethesda, Md.) because “everybody there was a family. Army brats keep breeding each other, so it was like half the people there were alumni or from military families,” she explains. “What that means is that before you even become a doctor you’re meeting the people who might be your kid’s pediatrician one day, or who might take care of your parents when they go to the hospital.”

Being a part of that community, says Norah, helped her understand at a young age the idea of responsibility, for one’s own actions and for the myriad

continued on page 14

COURTESY NORAH O'DONNELL



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from page 12

ways our actions affect others—what she calls “the seriousness of decision making.” A decision made in D.C. meant her father spent a year in Saudi Arabia, for instance. “You learn that what happens in Washington matters, what happens in the world matters, that the decisions you make can have an impact on someone else.”

The O'Donnell parents also emphasized integrity. “One of the hardest things for anyone in life is listening to your own true voice about who you are, what you believe in,” Norah says. “My parents always said, ‘If you tell the truth and live a life of integrity, you have nothing to worry about.’ That was drilled into me as a child.”

But it's not enough just to find your voice. “My mom also always said, ‘You need to use that voice for greater good,’” a mandate that was part of what drew Mary to medicine and Norah to journalism. “We have a public service on my broadcast, which is educating our viewers in an objective manner about the issues that matter,” Norah says, “and to hold public officials accountable for the decisions they make.”

In her own family, husband Geoff Tracy, a chef and restaurant owner, is the “better disciplinarian,” she says, even though he didn't grow up in a military family. They met at Georgetown, where she was a philosophy major and he studied theology. “I think we wouldn't have been together for so long if we weren't pretty much on the same page,” she says. Both believe in assigning and enforcing chores.

“One time my daughter said to me, ‘My friends don't want to come over because you make them put away their dishes after dinner.’” Norah raises her hand with a smile. “And I'm proudly wearing that badge of ‘You Can Clean Up After Yourself.’”

Cleaning up your own mess may be one of those decisions that only has an impact on a few, but it's all part of the individual responsibility to be a good citizen of the world. And that's what Army brats know best, Norah says. “Growing up in a military family I realized how interconnected we are with the world.” What you do and how you do it matter, she says. Even the small things.



Norah with husband Geoff Tracy and children Grace, Riley and Henry

O'Donnell got her first paying job at age 10. Visit [Parade.com/norah](https://www.parade.com/norah) for details.

# What America Eats

RACHAEL RAY'S

## Stuffed Sandwich

This deliciously over-the-top warm sandwich is ideal for your next game-day or holiday gathering. The recipe is from Rachael Ray's new cookbook, ***This Must Be the Place***, in which she shares the food—and stories—of her “pandemic year.”



## SILLY GOOD, SILLY EASY STUFFED BREAD

Bring a large pot of salted water to a boil. Set up a large bowl of ice and water. Blanch 2 bunches **broccolini**, 1 inch of ends trimmed, 3 minutes. Transfer to ice bath. Drain well.

Position rack in center of oven. Preheat oven to 375°F.

In a skillet over medium-high, heat 1 Tbsp **extra-virgin olive oil**. Add 1 lb **sweet Italian sausage with fennel**, casings removed; cook 4–5 minutes or until browned, stirring to crumble. Drain on a paper-towel-lined plate.

In a medium bowl, season 2 cups **ricotta** with **salt** and **ground white or finely ground black pepper**. Stir in 1/3 cup grated **Parmigiano-Reggiano cheese**, 1/8 tsp freshly grated **nutmeg** and 1 small handful **fresh parsley**, chopped. Zest and juice 1 **small lemon**. Stir zest into ricotta; reserve juice. Chop broccolini into bite-size pieces.

In same skillet over medium, heat 2 Tbsp extra-virgin olive oil. Add 2 **large shallots** or 1 **small onion**, thinly sliced, and a little salt; cook 2 minutes or until softened. Add 4 cloves **garlic**, sliced; 1 Tbsp **Calabrian chile paste** or 2 **small red chiles**, chopped; and broccolini; toss 2–3 minutes. Add about 1/4 cup water and lemon juice; toss 1 minute. Remove from heat.

Halve 1 loaf **Italian bread with sesame seeds on top** horizontally; scoop out excess interior from top. Spread bottom half with ricotta mixture. Top with sausage, broccolini mixture, 12 oz shredded **mozzarella cheese** and **hot or sweet pickled cherry peppers**. Place bread top over filling; press to set. Wrap in foil with seam on top. Set on a sheet pan. Bake 20 minutes. Open foil. Increase oven temperature to 425°F. Bake 5 minutes to brown. Let stand 5–10 minutes. Remove foil; place loaf on a large cutting board and cut into sections. **Serves 4.**

Visit [Parade.com/apple](https://www.parade.com/apple) for the easy Bobbing for Apples fall cocktail from Ray's husband, John Cusimano.



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# Americans can finally grow hair so thick “It will cover up your bald spots,” says top US Doctor

Clinical trials show a new hair loss breakthrough can both help men and women naturally regrow a thick, full head of hair – without drugs, surgery, or side effects

Thousands are rushing to get a new hair restoration method based on surprising new studies from the University of California.

It is the world's first and only hair loss solution that revives dead hair follicles. And studies confirm it helps men and women regrow a thick, full head of hair, even after years of balding.

Now, with news of this breakthrough spreading like wildfire — the manufacturers are struggling to keep up with overwhelming demand.

That's because, unlike other methods, it is prescription-free, drug-free, and has no side effects. And while hair transplants can cost \$4,000 or more, this new approach costs pennies on the dollar and doesn't involve going to the doctor's office.

Instead, it leverages cutting-edge technology to prevent hair loss, fill-in embarrassing bald spots, and re-nourish thinning hair — with results you can see and feel in 30 days or less.

As Jeanne F. from San Diego, CA reports: “When my husband began to use this product, all he had on top of his head was fuzz. His hair began to grow after 30 days and now it is about 2 to 3 inches long!”

## Surprising Truth About Hair Loss

It is commonly believed that hair loss is hereditary.

Unfortunately, most people think there is nothing they can do to stop it. However, while many doctors will tell you that thinning hair, a receding hairline, and bald spots are due to your genetics, this is not the whole story.

“While genetics play a role, it's not the main reason you lose hair,” says Dr. Al Sears, the nation's top anti-aging doctor.

“And surprisingly it's not just your age, thyroid, hormones, stress, or a vitamin deficiency, either.”

The latest scientific research reveals that hair loss is primarily caused by the stem cells in your hair follicles dying.

“This discovery is a true breakthrough because by reviving these stem cells on your scalp, you can stop hair loss dead in its tracks and trigger new hair growth, even in areas that have been thinning for years,” explains Dr. Sears.

Now, at his world-famous clinic, the Sears Institute for Anti-Aging Medicine in Palm Beach, Florida, Dr. Sears and his team have used this game-changing discovery to develop a brand-new hair restoration formula that is taking the country by storm.

Sold under the name **Re-Nourish**, it is flying off the shelves with men and women of all ages raving about the results it delivers.

*“I have seen a significant improvement in hair growth. Previously, you could see thinning areas at the back of my head and now hair has grown over it,”* says Peter W. from Ontario, Canada.

And Susan D. from Fort Pierce, Florida reports, “My hair was thinning. So, I began to use **Re-Nourish** every day on the front part of my scalp. Now I have thicker hair.”

## Regrows Hair In Just 30 Days

Scientists now know that stem cells are the lifeblood of your hair follicles.

Research from the University of California shows they're the reason you're able to grow hair. However, these stem cells aren't always active. In fact, studies reveal

they're only active during certain phases of the hair growth cycle.

“Your hair grows in three phases,” explains Dr. Sears. “First, you have the anagen phase, the hair growing phase. Then the catagen phase, when hair gets ready to shed. And finally, the telogen phase, where your hair is pushed from the follicle and falls out.”

As you get older it becomes harder for your hair follicles to complete this three-phase cycle. The results? Your hairs get stuck in the telogen phase. This is when they start falling out and stop regrowing, no matter what you try.

This process doesn't happen overnight, says Dr. Sears.

“At first, your hair dries out, becoming brittle, thin, and harder to style. Then, you start finding hairs on your pillow and down the drain. Finally, you're left with bald spots that age you prematurely.”

Fortunately, **Re-Nourish** puts a stop to this. It revives the dead stem cells in your hair follicles and reactivates your hair's three-phase cycle, triggering new growth in as little as 30 days — even in areas that've been balding for years.

## Reawakens Dead Hair Follicles

For years, scientists couldn't figure out why hair follicle stem cells died.

However, a study from the University of California finally found the answer,

It has to do with T-cells — an important immune cell in your body. The researchers discovered these T-cells are the only way to command hair follicles to grow new hair.

More importantly, they showed that T-cells helped revive the stem cells in your



**Breakthrough** research proves this discovery helps fill-in bald spots, re-nourishes thinning hair, and leads to noticeable growth in as little as 30 days.

hair follicles — spurring new growth, filling in bald spots and natural hairline.

**Re-Nourish** uses a unique blend of all-natural ingredients. By spraying it on your hair once per day, scientific studies show you can revive dead stem cells and improve the appearance of thicker, fuller hair.

For example, the key nutrient of **Re-Nourish** was tested on a group of severely balding women.

After 6 months, nearly 70% of the women saw significant improvement in hair growth. Their hair was noticeably fuller, thicker, and healthier looking. Most exciting of all, they grew new hair on parts of their scalp that had been bald for years.

In another study, Italian researchers gathered a group of both men and women with thinning hair and applied the core ingredient of **Re-Nourish**. After 12 weeks, they reported a staggering 74% increase in hair growth.

*“It's really mind-boggling that my hair started growing back,”* says Zan R., another **Re-Nourish** customer.

With results like this, it's no surprise that demand for **Re-Nourish** is soaring. Thousands of men and women are scrambling to get their hands on the limited-supply available.

**Re-Nourish** is not currently available in any store at any price. But we've secured a small batch for our readers.

## Try Re-Nourish 100% Risk-Free

For the next 48-hours, Dr. Sears is offering readers a risk-free trial of **Re-Nourish**.

Dr. Sears feels so strongly about this product that he is backing every order with a risk-free, 100% money-back guarantee. To take advantage of this special offer, simply call the Sears Toll-Free Health Hotline at **1-800-215-4912** now. Use Promo Code **PARARN26** when you call in.

[EDITOR'S NOTE]: Due to recent media exposure for **Re-Nourish**, the Sears Institute for Anti-Aging Medicine is experiencing unprecedented demand. If the phone line is busy when you call, please try again to avoid missing this special one-time-only offer.

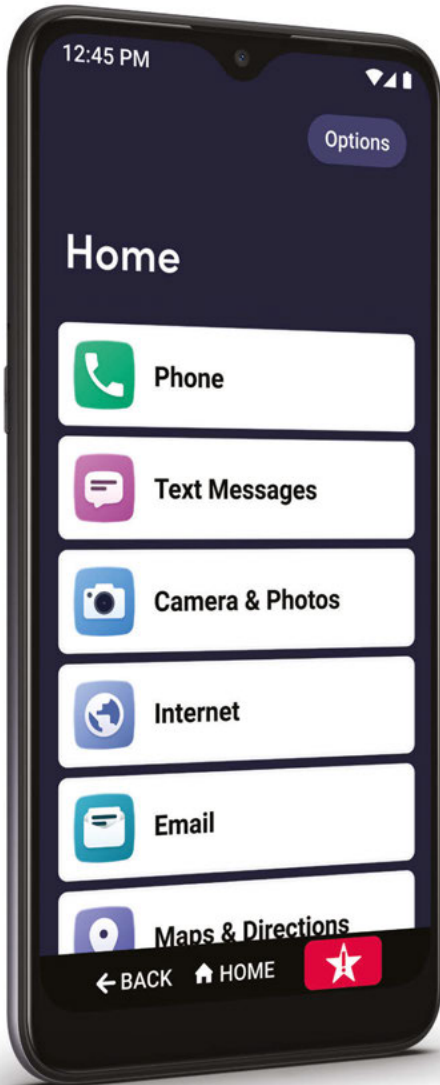


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